

# **CO-CURRICULAR PROGRAMS**

# Fall After School Classes

September 7, 2021 to December 17, 2021

## WIS After School & Co-Curricular Programs Mission Statement

The WIS Primary School After School Program is a safe and international community for children, with programs to expand knowledge and build life skills through hands-on learning adventures.

# Fall Term 2021

Fall Term After School classes begin on Tuesday, September 7, 2021, and will run every day school is in session through Friday, December 17, 2021 (except for the half days on September 24 and December 3, and Parent-Teacher Conferences on November 4-5). Students will have the opportunity to try out classes for one week (September 7-13) before committing to selections by Tuesday, September 14, 2021.

## **About this Document**

This catalogue is designed to allow families to make detailed selections for after school activities. On any given day, a student may stay until 6:00 PM in the after school program as long as the student is enrolled in a class, enrolled in Extended Day Care (EDC), or enrolled in music lessons. The weekly view shows what classes are offered for each age group on each day. In the pages that follow, detailed descriptions of classes are included. The final section of this document has a description of the After School Music Program, which features biographical information for all music instructors.

*All registrations must be submitted via CampBrain by 5:00 PM EDT on Friday, August 27, 2021.* Enrollment is completed on a first-come, first-served basis and families will be notified only if there are any changes for the class of their choice. *See registration instructions on Page 3.* 

Fees listed in this document are for the fall session only and reflect the length and number of classes for each activity. One of the factors in determining the pricing for each class is the total number of class days. For clarity, the total number of class days on each weekday in the fall are as follows: Monday: 13; Tuesday: 15; Wednesday: 14; Thursday: 12; and Friday: 11. Additional class supply fees are already calculated, unless otherwise noted in the class description. *Holidays and all school closings are already taken into account.* 

**Note:** Students can withdraw, change, or add classes during the trial period (first week of classes). Withdrawal requests (due by 5:00 PM on Tuesday, September 14, 2021) must be submitted in writing. Refunds will not be granted for withdrawal after the first week of After School classes. *No refunds or reductions will be given for classes missed due to a student's absence or due to inclement weather conditions.* 

### **Program Procedures**

At the end of the school day, students participating in Extended Day Care (EDC), after school enrichment classes, or music lessons will remain in their classrooms until dismissal is finished. At the conclusion of dismissal, an announcement will be made for students in the after school program to report outside for recess. Students in Grades 1 & 2 will proceed to the blacktop/playground area; students in Grades 3-5 will proceed to the field; Preschool, Pre-Kindergarten, and Kindergarten students will meet in their respective classrooms. At the conclusion of sign-in and snack, all students will proceed to their after school class or the Homework Center.

The typical schedule for after school classes is listed below:

3:00–3:55 PM: Wednesdays only, due to early release time 4:00–4:55 PM: Monday through Friday 5:00–5:55 PM: Monday through Friday

Private music lessons follow different time formats according to individual student needs and instructor availability. For more information, please contact: <u>yannin.garcia@wis.edu</u>.

### Extended Day Care (EDC)

Extended Day Care will include structured ways for students to work on various skills while staying after school. First, for students in Grades 1-5, the Homework Center (formerly known as study hall) will provide a quiet place to complete their homework. Second, enrichment clubs will be offered during EDC as part of the newly created WIS Club Zone.

Students in Grades 1-5 will attend the Homework Center from 4:00-5:00 PM, Monday-Thursday, under the guidance of WIS teachers, who will provide homework and language support. The Homework Center program will provide a direct link between the school day and after school time.

Following homework time, students will

participate in the WIS Club Zone, which includes arts & crafts activities, organized games, sports, and team building activities. In the WIS Club Zone, students will learn good sportsmanship, teamwork, and leadership skills while having fun.

Preschool, Pre-Kindergarten, and Kindergarten students will meet in their respective classrooms with our EDC supervisors, who will provide a snack and then lead reading, games, and other class activities.

The typical schedule for EDC is listed below:

Preschool, Pre-Kindergarten, and Kindergarten: 3:00-6:00 PM; 2:30-6:00 PM on Wednesdays, due to early release time Grades 1-5: 3:30-6:00 PM; 3:00-6:00 PM on Wednesdays, due to early release time

*Note:* If you would like your child(ren) to participate in any part of Extended Day Care, you must register in CampBrain.

### **Extended Day Care Prices:**

Fall Term: \$2,100.00 Drop-in Rate: \$45.00/day

### Non-WIS Students & After School Programs

For the 2021-2022 academic school year, non-WIS students will not be able to attend the WIS after school program. Please contact the Co-Curricular Programs office if you have any questions or concerns.

### **Additional Services**

Co-Curricular Programs will offer Extended Day Care (EDC) services on half days (September 24 and December 3), the Professional Day on October 11, and during Parent-Teacher Conferences on November 4 and 5, when special field trips will be arranged. Separate sign-ups will be sent closer to these dates.

### **Early Arrival Enrichment Program**

For families that need to get to work earlier in the day, Co-Curricular Programs offers the Early Arrival Enrichment Program starting at 7:00 AM. Students enrolled in the Early Arrival Enrichment Program will participate in recreational activities such as yoga, pilates, and stretching to activate their concentration and attention. Students will learn basic exercise techniques that will strengthen their levels of flexibility and equilibrium, help them be more active, and prepare for classes. By 7:55 AM, the enrichment program winds down and students are led to different areas of the building where they join their classmates arriving at 8:00 AM.

**Note:** The Early Arrival Enrichment Program does not operate on Professional Days or days when teacher conferences are scheduled for the Primary School. In the event of a delay due to inclement weather, the school will be open for early arrival at 9:00 AM for students who are already registered for the Early Arrival Enrichment Program.

### **Early Arrival Program Prices:**

Fall Term: \$1,600.00 Drop-in Rate: \$45.00/day

### **Preschool Extended Day Care & Classes**

This year, Preschool students can register for Extended Day Care and after school classes. A complete list of classes for Preschool students is included in the class description section of the catalogue.

### New This Year: Basketball and Soccer for Grades 3-5 Students

This fall, students in Grades 3-5 will have an opportunity to engage in practice sessions for basketball and soccer. These sessions are designed to prepare students to try out for teambased sports once they get to Middle School. Basketball and soccer practices will be led by Active Play, founded by Seth Goldman.

### After School Music Lessons for Fall 2021

To participate in music lessons for the 2021-2022 school year, all families must register children for available time slots with the instructor of their choice. Please use the online registration system to secure a day and time for instruction for your student. Instructional times at the Primary School between 2:30 PM and 4:30 PM are reserved for students in Pre-Kindergarten through Grade 2. Slots between 4:30 PM and 6:00 PM are open for students in Grades 3-5.

When students enroll in a lesson during the fall term, the slot for day and time will be kept for the winter term and there is no need to re-register. If families wish to disenroll or otherwise make a change in instructor, day, and/or time, we ask that you send an email message to <u>yannin.garcia@</u> wis.edu with "Fall Term Music Lesson Change" indicated in the subject header.

Once the term has begun, the add/drop period has passed, and it is not possible to make any changes. Registration implies that children will continue lessons through the entire term. At the end of the term, families may choose to continue to take lessons for the following term on the same day and time. If a family chooses to disenroll a child, the time to do so would be at the end of the term and no later than the add/drop period of the following term.

### After School Choir and Band

Choir and Band are after school activities that are offered as part of the Primary School program. This year, registration for these programs will be completed through CampBrain, but they will continue to be free of charge. More information can be found on Page 13 of this document.

Since these programs take place during after school hours, we ask that students enrolled in these programs be signed out of the building within fifteen minutes of the conclusion of the programs. If a student is signed out after this 15-minute pickup grace period, a \$45.00 drop-in fee for Extended Day Care will apply.

For siblings of students who are enrolled in Choir or Band, Co-Curricular Programs offers an extended day program that operates on Mondays from 3:30-5:00 PM for Choir and on Tuesdays and Thursdays from 3:30-4:30 PM for Band. The service ensures that siblings of students enrolled in Band and Choir are supervised until families arrive for pickup. *Please note that this service is only open to families with siblings who are enrolled in Choir and Band*. If a family wishes to enroll children in this special service, please contact Yannin Garcia at <u>yannin.garcia@wis.edu</u> or by calling 202.243.1761. The cost (only paid by families with siblings in Band or Choir) is \$30.00 per day.

### **Community Feedback**

Some of the most popular classes in our after school program began as suggestions from the WIS community. In fact, many of the classes in this catalogue would not have come to fruition had it not been for dedicated involvement from WIS families. We are open to your suggestions. If you have an idea for a class, or if you have some constructive feedback for us, please email Lisa McNeill, Director of Co-Curricular Programs, at lisa.mcneill@wis.edu.

### **Registration Procedures**

To register for fall After School Classes, please follow the instructions below.

### LOGGING IN

Go to <u>https://wisafterschool.</u> <u>campbrainregistration.com/</u>

You have the option to log in with your WIS onCampus account — click "Login Using onCampus." Using onCampus has two benefits: 1) There is no need to create another username and password, and 2) Your child's and household's information will automatically be filled in on the registration forms. If you are new to WIS or do not remember your onCampus password, click "Login using onCampus," fill in your username (email address) and click "Forgot your login?" Follow the steps and check your email for a link to set your password.

If you'd prefer not to log in with onCampus, you may use the alternate sign-in option (you will already have an account if you signed up for summer camp); or fill in the new user sign-up.

#### **REGISTERING FOR CLASSES**

Once logged in, click on "Start Application" under the 2021 Fall After School Classes to begin. Then click "Continue" and follow these steps:

Step 1 (Select Child for Registration): Mark the checkbox next to the name of the child you would like to register and select the grade. Click "Continue."

Step 2 (Select Sessions): Here, you will see a list of After School class options. You can click on 'Filter" to sort the classes by a specific day. Music classes are listed separately from the rest of the classes. You can also search for classes by name in the search box. Select a session, then click "Add to Cart." Make sure to select extended day or shuttle options (listed below the class name) if needed. Review your Cart on the right and then click "Continue."

Step 3 (Fill out Forms): Click on your Household Form. Review your family's information. Important: if you make changes that you want reflected in your family's school record, email updates@wis.edu. You must enter at least one emergency contact. Click "Complete this Form." Once the form closes, click "Continue."

*Step 4 (Payment):* Your student account will be billed in September for all After School classes. Please review this page and click "Continue" to confirm you agree to this charge.

Step 5 (Review and Submit): Review your selections under "Registration items." If you need to make changes, click "Add/remove Sessions" or "Add/ remove People" and then follow the steps outlined above again. When you are ready, click "Submit Registration."

*Step 6 (Confirmation page):* Confirmation that your registration was submitted and a chance to see a summary of your selections. You will also receive a confirmation email from Washington International School (yannin.garcia@wis.edu).

		Monday		Tuesday		Wednesday		Thursday		Friday	
Presc	:hool	Latin Rhythms Movement Class	4:00-4:55 4:00-4:55	Pre-Ballet Tiny Number Tumblers	4:00-4:55 4:00-4:55	Music Adventures Hip-Hop Science 1	<mark>3:00-3:30</mark> 3:00-3:55 3:00-3:55	Soccer: Tots 1	4:00-4:55	Arte con Corazón	4:00-4:5
Pre- Kinde ten	ergar-	Latin Rhythms Movement Class Taekwondo	4:00-4:55 4:00-4:55 4:00-4:55	Cocinando en Español Pre-Ballet Tiny Number Tumblers	4:00-4:55 4:00-4:55 4:00-4:55	Science 1	3:00-3:55 3:00-3:55 4:00-4:55 4:00-4:55	Gymnastics Hooray Hearty Treats Spanish Club	4:00-4:55 4:00-4:55 4:00-4:55	French Club	4:00-4:5 4:00-4:5 4:00-4:5 4:00-4:5
Kinde ten	ergar-	Chess: Beginner Math All Around Us Money Matters Taekwondo Yoga Latin Rhythms	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Cocinando en Español Ballet: Beginner	4:00-4:55 5:00-5:55	,	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Gymnastics Hooray Hearty Treats STEAM Spanish Club	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	French Club Intro to LEGO	4:00-4:5 4:00-4:5 4:00-4:5 4:00-4:5 5:00-5:5
Grade	e 1	Chess: Beginner Floor Hockey 1 Math All Around Us Money Matters Yoga Latin Rhythms	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Capoeira Chess: Beyond Beginner Drama Club Ballet: Beginner Cocinando en Español	4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Science & Engineering 1 Hip-Hop Judo 1	3:00-3:55 3:00-3:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Fencing Hula Hoop Dance Spanish Club STEAM Tennis 101 Gymnastics Hooray Hearty Treats	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-4:55 5:00-5:55 5:00-5:55	Beginner ASL Chess: Intermediate/Adv Arte con Corazón French Club	4:00-4:5 4:00-4:5 5:00-5:5 5:00-5:5 5:00-5:5 5:00-5:5
Grad	e 2	Chess: Beginner Floor Hockey 1 Math All Around Us Money Matters Yoga	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Capoeira Chess: Beyond Beginner Drama Club Ballet: Beginner Cocinando en Español	4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Ceramics 1 Science & Engineering 1 Hip-Hop Judo 1 Soccer Young Philanthropists	3:00-3:55 3:00-3:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Fencing Hula Hoop Dance Spanish Club Tennis 101 Gymnastics Hooray Hearty Treats	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Basketball 1 Beginner ASL Chess: Intermediate/Adv French Club Tennis: Intermediate	4:00-4:5 4:00-4:5 4:00-4:5 5:00-5:5 5:00-5:5
Grade	e 3	*Choir All the World's a Stage Chess: Beginner Floor Hockey 2	3:35-4:35 4:00-4:55 4:00-4:55 5:00-5:55	Capoeira Chess: Beyond Beginner Debate Club Drama Club Volleyball Cocinando en Español	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Ceramics 2 Science & Engineering 2 Hip-Hop Judo 2 Soccer Typing Club	4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55 5:00-5:55 5:00-5:55	Budding Engrepreneurs Fencing Hula Hoop Dance Tennis 101 Hooray Hearty Treats	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Beginner ASL Chess: Intermediate/Adv Basketball 2 Tennis: Intermediate	4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55
Grado 4 & 5		*Choir All the World's a Stage Chess: Beginner Floor Hockey 2	3:35-4:35 4:00-4:55 4:00-4:55 5:00-5:55	*Band: Woodwind Capoeira Chess: Beyond Beginner Debate Club Drama Club Volleyball Cocinando en Español	3:30-4:15 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Ceramics 2 Science & Engineering 2 Hip-Hop Judo 2 Soccer Typing Club	4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55 5:00-5:55 5:00-5:55	*Band: Brass/Percussion *Band: Advanced Budding Entrepreneurs Fencing Hula Hoop Dance Math Olympiad Tennis 101 Hooray Hearty Treats	3:30-4:00 4:00-4:30 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Beginner ASL Chess: Intermediate/Adv Sensational Science Basketball 2 Tennis: Intermediate	4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55

\*Choir and Band are offered at no charge.

# Classes

# Performing Arts

# ALL THE WORLD'S A STAGE: HAVING FUN WITH THE DRAMATIC ARTS

DAY(S): Monday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$450.00 INSTRUCTOR: David Harris

### **CLASS DESCRIPTION:**

We understand how important it is to foster communication, creativity, and teamwork in young people. Drama is a fun way to develop these skills and more! In *All the World's a Stage*, students will play theater games that will make them better speakers and better listeners. They'll also explore the power of body language and how we communicate without words. The course will culminate in an original short play to be performed live on the last day of class, which parents are invited to attend.

### **BEGINNER BALLET**

DAY(S): **Tuesday** TIME(S): **5:00–5:55 PM** OPEN TO: **Kindergarten–Grade 2** CLASS PRICE: **\$450.00** INSTRUCTOR: **Tommie Shaw & Company** 

### **CLASS DESCRIPTION:**

Beginner Ballet class is designed for younger ballet students. The class starts with a basic ballet center barre, followed by basic center floor ballet steps and simple ballet combinations moving across the floor. Beginner adagio, petit allegro, and very simple grand allegro steps are introduced. French ballet terms are spoken and taught in the class and primarily classical music is used for accompaniment in this class. Students will also learn a ballet piece to be performed on the last day of class each session, which parents are invited to attend.

### **DRAMA CLUB**

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM** OPEN TO: **Grades 1–5** CLASS PRICE: **\$450.00** INSTRUCTOR: **Marcella De Diego** 

### **CLASS DESCRIPTION:**

Places, everyone! Drama Club is for students interested in learning more about the aspects of theater, whether on stage or behind the scenes. This includes developing acting skills, using stage terminology, building sets, and costume design.

### **HIP-HOP**

DAY(S): Wednesday TIME(S): Preschool & Pre-Kindergarten: 3:00-3:55 PM; Kindergarten-Grade 2: 4:00-4:55 PM; Grades 3-5: 5:00-5:55 PM OPEN TO: Preschool-Grade 5 CLASS PRICE: \$448.00 INSTRUCTOR: Tommie Shaw & Company

### **CLASS DESCRIPTION:**

Hip-Hop is a high-energy dance form that uses the latest sounds in rap, R&B, and pop music, and is perfect for students who love to move! This fun-filled class immerses students in all aspects of motion, developing their balance, coordination, and strength, as well as promoting creativity, teamwork, and self-esteem. We use child-friendly music in all of our hip-hop classes (often Kidz Bop), and all movement is age-appropriate. Parents are invited to join us on the last day of class for a final performance.

### HULA HOOP DANCE

DAY(S): **Thursday** TIME(S): **4:00–4:55 PM** OPEN TO: **Grades 1–5** CLASS PRICE: **\$420.00** INSTRUCTOR: **Tommie Shaw & Company** 

### **CLASS DESCRIPTION:**

Hula Hoop Dance is an exciting newer dance form that involves dancing and artistic movement with a hula hoop used as a prop or dance partner. Hoop dancers rotate the hoop around parts of the body other than the waist, including the hips, chest, neck, shoulders, thighs, knees, arms, hands, thumbs, feet, and toes. Modern hooping draws from such diverse art forms as hip-hop, rhythmic gymnastics, freestyle dance, baton twirling, and more. For our Hula Hoop Dance course, we constructed children's-sized dance hoops for use in class each week. Dance hoops are different from toy hoops because they are constructed with a heavier material, which provides a better grip, and are balanced and proportioned for dance movement. Parents are invited to join us on the last day of class for a final performance.

### LATIN RHYTHMS

DAY(S): Monday TIME(S): Preschool & Pre-Kindergarten: 4:00-4:55 PM; Kindergarten & Grade 1: 5:00-5:55 PM OPEN TO: Preschool-Grade 1

CLASS PRICE: **\$442.00** INSTRUCTOR: **Speak Spanish in DC** 

### **CLASS DESCRIPTION:**

Language and culture are intertwined; however, most academic language lesson plans lack a cultural context. Latin Rhythms is a class that is designed to reinforce language the way it is meant to be learned — through a cultural lens.

Each week, students will experience a taste of vibrant Latin culture as they engage their senses by listening to traditional music and moving their bodies through dance, all while absorbing Spanish. Each class will focus on a different Latin region. Instructors will show videos and images as well as share interesting facts and history of the region before students dance to its traditional music. Students will have the opportunity to first experiment with their own interpretation of the music through playful free-form dancing, and then our Spanish-speaking instructors will guide students to learn the steps of a short routine. Class ends with a lighthearted musical performance that highlights what students have learned about the featured region. In addition to learning fascinating facts and practicing playful dancing, students will also gain confidence from the technical aspects of dance. Dancing develops gross motor skills, balance, and coordination as well as enhances discipline and the ability to focus. Appreciating language through music and dance broadens students' perspectives and promotes respect for cultures around the world.

### **MUSIC ADVENTURES**

DAY(S): Wednesday TIME(S): 3:00-3:30 PM \*note class end time OPEN TO: Preschool CLASS PRICE: \$300.00 INSTRUCTOR: John Banks

#### **CLASS DESCRIPTION:**

This class provides the youngest students with a hands-on introduction to music through playing, composing, and listening. As we delve into music from around the world and throughout time, the students' interests will guide their path of exploration. Students will experiment with a host of instruments in a variety of styles with the goal of inspiring their future studies in music.

### **PRE-BALLET**

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM** OPEN TO: **Preschool & Pre-Kindergarten**  CLASS PRICE: **\$450.00** INSTRUCTOR: **Tommie Shaw & Company** 

### **CLASS DESCRIPTION:**

Pre-Ballet is designed for younger ballet students. The curriculum includes basic ballet posture, basic positions of the feet and arms, and basic ballet steps that are appropriate for young children. Group movement such as forming circles, lines, and moving in unison will be taught. Students will also learn a ballet piece to be performed on the last day of class. Classical music as well as children's songs are used as accompaniment during the class. Traditional leather or canvas soft ballet slippers are highly recommended (pink or white). Parents are invited to join the last day of class for a final performance.

# Sports

### BASKETBALL

DAY(S): Friday TIME(S): Basketball 1: 4:00-4:55 PM; Basketball 2: 5:00-5:55 PM OPEN TO: Basketball 1: Grades 1 & 2; Basketball 2: Grades 3-5 CLASS PRICE: \$473.00 INSTRUCTOR: Seth Goldman with ActivePlay

### **CLASS DESCRIPTION:**

**BASKETBALL 1:** Students will test their basketball skills as they compete against one another in various games and drills. This class is a fun, high-energy, and high-endurance activity. Be sure to have students bring proper basketball attire, most importantly sneakers.

**BASKETBALL 2** will feature some pick and rolls and fake shot dribble to the hoop heroics. The class will be interactive with a fun balance of playing and practicing drills. Students should bring proper basketball attire, most importantly sneakers.

### CAPOEIRA

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 1-5** CLASS PRICE: **\$450.00** INSTRUCTOR: **Roberto Tapia** 

### **CLASS DESCRIPTION:**

Capoeira is an Afro-Brazilian martial art that combines elements of dance, acrobatics, and music. It was developed in Brazil at the beginning of the 16th century and is known for its guick and complex maneuvers, predominantly using power, speed, and leverage across a wide variety of kicks, spins, and other techniques. Students will learn the typical and basic Capoeira movements, specifically: four kicks, four defenses, and a number of acrobatic moves. Students will also learn how to play the tambourine and other typical Capoeira instruments, like the drums. Finally, students will participate in the 'Roda,' where two people play capoeira music in the middle of a circle. Capoeira helps to develop students' reflexes, cardiovascular endurance, and self-confidence, and encourages team building.

### CHESS

DAY(S): Monday, Tuesday, & Friday

- TIME(S): Beginner: Monday, 4:00-4:55 PM; Beyond Beginnger: Tuesday, 4:00-4:55 PM; Intermediate/Advanced: Friday, 4:00-4:55 PM
- OPEN TO: Beginner: Kindergarten-Grade 5; Beyond Beginner & Intermediate/Advanced: Grades 1-5
- CLASS PRICE: Beginner: \$442.00; Beyond Beginner: \$480.00; Intermediate/Advanced: \$407.00

**INSTRUCTOR:** Silver Knights

### **CLASS DESCRIPTION:**

One of the most popular after school activities at WIS, chess is also one of the world's most popular games, played by millions of people across the globe. The Silver Knights have taught over 100,000 children to play, including 45+ state & national

champions.

**BEGINNER:** This class is meant for beginners who don't know how to play chess. Students will learn the rules of chess, including piece movement, check, checkmate, and stalemate, followed by basic endgames, checkmates, basic opening principles, piece values, and more! Class time is divided between lessons and practice games. All chess supplies are provided.

**BEYOND BEGINNER:** This class is meant for students who can confidently play a game of chess on their own, but don't have too much experience. Students will learn (or review) basic endgames, checkmates, basic opening principles, and piece values before getting into tactics like forks, pins, and skewers. Class time is divided between lessons and practice games. All chess supplies are provided.

**INTERMEDIATE/ADVANCED:** This class is meant for intermediate and advanced students with over a year of experience. Students will go deep into tactics like back rank checkmates and pins, and learn from the games of the great American master Paul Morphy as they sharpen their chess skills and prepare for tournaments. Class time is divided between lessons and practice games. All chess supplies are provided.

### FENCING

DAY(S): Thursday TIME(S): 4:00-4:55 PM OPEN TO: Grades 1-5 CLASS PRICE: \$432.00 INSTRUCTOR: Vitali Nazlymov

### **CLASS DESCRIPTION:**

En Garde! Calling all pirates, musketeers, and jedi – Olympic Fencing is returning to WIS! This class will introduce students to this history-rich sport in a safe and game-based environment. It's a unique opportunity for families looking for a fun activity that combines athleticism and intellect. Fencing emphasizes balance, coordination, and effective decision-making. Like other martial arts, the sport is about personal accomplishment, creative problem-solving, and self-discipline. Fencers apply their acquired skills and confidence to other sports, studies, and life. All equipment is provided. Students must wear athletic shoes and comfortable clothing.

### **FLOOR HOCKEY**

DAY(S): Monday

TIME(S): Floor Hockey 1: 4:00-4:55 PM; Floor Hockey 2: 5:00-5:55 PM OPEN TO: Floor Hockey 1: Grades 1 & 2; Floor Hockey 2: Grades 3-5 CLASS PRICE: \$481.00 INSTRUCTORS: Seth Goldman with ActivePlay

### **CLASS DESCRIPTION:**

Pass, shoot, and score this fall! Students will learn hockey skills as they compete against each other in various games and drills. This class is a fun, high-energy, and high-endurance activity that will require many water breaks. Sign up to see if your child has what it takes to be a Stanley Cup Champion.

### **GYMNASTICS**

DAY(S): Thursday TIME(S): Pre-Kindergarten & Kindergarten: 4:00-4:55 PM; Grades 1 & 2: 5:00-5:55 PM OPEN TO: Pre-Kindergarten-Grade 2 CLASS PRICE: \$432.00 INSTRUCTOR: Daniel Montoya

### **CLASS DESCRIPTION:**

This class will help children learn and acquire gymnastics skills in a fun and fast-paced way. The class will start and end with exciting and interactive stretching using yoga techniques for students. The students will learn basic gymnastic skills that will strengthen their skills in equilibrium, elasticity, and concentration. Some of our activities will include floor gymnastics (handstands, back walkers, somersault), yoga, and agility movements. By the end of the course, children will be able to perform routines with the above skills.

### JUDO

DAY(S): Wednesday TIME(S): Judo 1: 4:00-4:55 PM; Judo 2: 5:00-5:55 PM OPEN TO: Judo 1: Grades 1 & 2; Judo 2: Grades 3-5 CLASS PRICE: \$420.00 INSTRUCTOR: Andrés Salgado

### **CLASS DESCRIPTION:**

Judo is a martial art that was derived from jujitsu, an early form of self-defense. Modern day judo has been modified so it can be played as a safe and exciting sport for participants of all ages. This Olympic sport is recognized nationally and internationally and has been referred to by UNESCO as an ideal sport for young children. Students will engage in activities that promote their physical, mental, and emotional growth. Additionally, judo develops strength, agility, and endurance, while also building confidence and respect for others. Participation is important to develop adequate progression and attain basic skills. Students can participate in promotions if they register for two consecutive periods.

**JUDO 1** is a beginner class where students will learn break falls, basic techniques, and behavioral values associated with this martial art, all in a fun and safe environment. Students will learn: how to wear the Judogi; REI (Bowing and greeting); UKEMI (Break falls); entry-level techniques; games; and sport-related fitness activities.

JUDO 2 (Intermediate) is for students who already know judo foundations and are ready for the next steps. Judo 2 is an intermediate course dedicated to learning and improving ground and stand up techniques. Students will learn: UKEMI (Break falls); KUMIKATA (Gripping); KUZUSHI (Off-balancing); UCHIKOMI (Repetition training); ground techniques; stand up techniques; sportrelated games and fitness activities; and RANDORI (Supervised fight).

Note: Uniform cost is NOT included in class price.

### **MOVEMENT CLASS**

DAY(S): **Monday** TIME(S): **4:00–4:55 PM** OPEN TO: **Preschool & Pre-Kindergarten** CLASS PRICE: **\$481.00** INSTRUCTOR: **Active Play** 

#### **CLASS DESCRIPTION:**

Active Play is excited to offer a unique movement class for our youngest students. Instructors will engage the students in a multitude of different sports and games while making sure the environment is suitable for all kinds of personalities. Students will cycle through a variety of activities in this class at a fast pace to keep up with the energy. Please make sure students are dressed appropriately in tennis shoes and that they bring water bottles.

### SOCCER

DAY(S): Wednesday TIME(S): Grades 1 & 2: 4:00-4:55 PM; Grades 3-5: 5:00-5:55 PM OPEN TO: Grades 1-5 CLASS PRICE: \$490.00 INSTRUCTOR: Active Play

### **CLASS DESCRIPTION:**

**Soccer for Grades 1 & 2** is a beginner class: students will learn the fundamentals of soccer, such as first touch and passing using different parts of the foot. We strive to give the students a great experience while focusing on the development of the individual.

**Soccer for Grades 3–5** is for students looking to improve their game. Emphasis on dribbling and passing into space is a focal point of the class. Students will understand spacing and the importance of moving without the ball. We will also play various soccer games and do drills to hone in on soccer fundamentals. Shooting technique and finishing will also be demonstrated.

### **SOCCER: TOTS**

DAY(S): Wednesday & Thursday TIME(S): Tots 1: Thursday, 4:00-4:55 PM; Tots 2: Wednesday, 4:00-4:55 PM OPEN TO: Tots 1: Preschool; Tots 2: Pre-Kindergarten & Kindergarten CLASS PRICE: Tots 1: \$432.00; Tots 2: \$420.00 INSTRUCTOR: Michelle Rodriguez

### **CLASS DESCRIPTION:**

Tots soccer classes are designed for children aged three through five and focus on developing motor and listening skills, introducing fundamental ball skills, and exposing participants to a social environment with other children of similar ages.

### TAEKWONDO

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Pre-Kindergarten & Kindergarten** CLASS PRICE: **\$442.00** INSTRUCTOR: **Daniel Montoya** 

### **CLASS DESCRIPTION:**

Originally from Korea, Taekwondo is a martial art recognized as an early form of self-defense, known for its use of kicks that makes it different from other martial arts. It can be practiced by students of all ages. Taekwondo helps students to develop self-control, gymnastic movements, equilibrium, elasticity, and personal defense. During the course students will learn how to use the Dobok (training uniform) as well as entry level moves and techniques.

*Note:* Uniform cost is **NOT** included in class price.

### **TENNIS 101: INTRO TO TENNIS**

DAY(S): Thursday & Friday TIME(S): 4:00-4:55 PM OPEN TO: Thursday: Grades 1-5; Friday: Pre-Kindergarten & Kindergarten CLASS PRICE: Thursday: \$420.00; Friday: \$440.00

INSTRUCTOR: Kevin Bernal

### **CLASS DESCRIPTION:**

Getting started with any new sport can be challenging, but knowing a few of the basic terms and rules will only make the game more fun! Tennis 101 is designed for the youngest players to have fun and learn the sport. Each class during this program includes engaging and interactive tennis activities plus fun games so that students can build their skills and learn about the sport and its rules, but mainly have a great time while discovering a new activity! Participants who complete the program will possess the fundamental skills in order to be confident in enjoying tennis. Players do not need any prior tennis experience to enjoy Tennis 101. *Note:* If students in Grades 1-5 have previous experience playing tennis, please consider signing them up for the Intermediate level session.

### TENNIS: INTERMEDIATE

DAY(S): Friday TIME(S): 5:00-5:55 PM OPEN TO: Grades 1-5 CLASS PRICE: \$440.00 INSTRUCTOR: Kevin Bernal

### **CLASS DESCRIPTION:**

Intermediate Tennis is designed for those players with court experience. During the program, your child will refine basic techniques, court coverage, communication, and winning strategies. In addition, each class during this program includes engaging and interactive tennis activities plus fun games so that students can continue to build their skills, play fun competitive games with their friends, and more! Participants who complete the program will possess intermediate to advanced skills in order to be confident at a competitive level. **Note:** To sign-up for this program, players need prior tennis experience.

### VOLLEYBALL

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM** OPEN TO: **Grades 3–5** CLASS PRICE: **\$450.00** 

#### INSTRUCTOR: Daniel Montoya

### **CLASS DESCRIPTION:**

Children in this class will learn fundamental volleyball skills like underarm pass, jump serve, block, and overhead pass. The class will start and finish with interactive stretching. By the end of the course, students will be available to identify the different phases of the game as well as play in every position of the team. Athletic or gymnastics apparel is required.

### YOGA

DAY(S): **Monday** TIME(S): **4:00–4:55 PM** OPEN TO: **Kindergarten–Grade 2** CLASS PRICE: **\$442.00** INSTRUCTOR: **Tommie Shaw & Company** 

### **CLASS DESCRIPTION:**

In yoga class, students will learn the basics of yoga in a fun, relaxing environment. Students will learn a variety of techniques to build strength and stamina, as well as increase flexibility, balance, and coordination. Additionally, yoga builds students' self-confidence, and aids in concentration and relaxation. The course will focus on basic yoga poses which strengthen the body, release tension, and calm the mind. Yoga class is a great way for students to relax after a long school day, in a non-competitive and positive environment.

### STEAM (Science, Technology, Engineering, Art & Mathematics)

### ARTE CON CORAZÓN

DAY(S): Friday TIME(S): Preschool & Pre-Kindergarten 4:00–4:55 PM; Kindergarten & Grade 1: 5:00–5:55 PM OPEN TO: Preschool–Grade 1 CLASS PRICE: \$429.00 INSTRUCTOR: Speak Spanish in DC

### **CLASS DESCRIPTION:**

Art is powerful, inspiring, and can help change the world. In this class, students will create art that focuses on themes related to: self-awareness, social awareness, empathy, compassion, and gratitude. Students will not only express themselves through traditional media, but they will also experiment with fun, newer media such as "Social Practice Art," where art is co-created by inviting others to actively participate in students' artistic process. Every week, students will have the opportunity to use their creativity and their voice to be part of a larger conversation in society. Our native Spanishspeaking instructors will guide students in learning about current artists and projects centered on self-esteem, anti-bullying, giving thanks, helping people, and random acts of kindness. Students will be inspired to create and share their art. They will construct interactive murals and art installations with a message, design their own sticker campaign, generate vision boards, mail art to loved ones and others, turn trash into a gallery of treasures, conduct surveys, make videos, do performance art, and much more! Art with Heart is imagination with intention.

### **CERAMICS 1**

DAY(S): Wednesday TIME(S): 3:00-3:55 PM OPEN TO: Grades 1 & 2 CLASS PRICE: \$490.00 INSTRUCTOR: Nelli Kreidi

### **CLASS DESCRIPTION:**

This class aims to teach students the basic tools for self-expression and creativity. Students will finish five projects, some functional and others more decorative. Pinch pot, coil forming, and slab construction are some of the techniques they will learn. They will also be working with under-glazes, which give students the opportunity to learn about color harmony and decorative techniques.

### **CERAMICS 2: THE NEXT LEVEL**

DAY(S): Wednesday TIME(S): 4:00-4:55 PM

#### OPEN TO: Grades 3–5 CLASS PRICE: \$490.00 INSTRUCTOR: Nelli Kreidi

### **CLASS DESCRIPTION:**

In this class, students will apply their knowledge of hand-building techniques while working on more elaborate projects. The emphasis will be on more sculptural and decorative techniques.

### COCINANDO EN ESPAÑOL

DAY(S): **Tuesday** 

TIME(S): Pre-Kindergarten & Kindergarten: 4:00-4:55 PM; Grades 1-5: 5:00-5:55 PM OPEN TO: Pre-Kindergarten-Grade 5 CLASS PRICE: \$495.00 INSTRUCTOR: Chef Victor Muñiz

### **CLASS DESCRIPTION:**

Students will learn how to use kitchen tools appropriately and safely; how to make dishes from around the world using simple ingredients that are easy to find at home; how to clean up after making big messes in the kitchen; and ideas about nutrition and feeding their bodies in a healthy manner. Ultimately, students will have an opportunity to improve their Spanish speaking while also making delicious foods.

### **CUISINER EN FRANÇAIS**

DAY(S): Wednesday TIME(S): 4:00-4:55 PM OPEN TO: Pre-Kindergarten & Kindergarten CLASS PRICE: \$490.00 INSTRUCTOR: Kiddy School

### **CLASS DESCRIPTION:**

One of the most effective ways to learn a foreign language is when you apply it during an activity, like cooking! In this cooking class taught by a native French speaking instructor, students will be able to learn French during a fun-filled, interactive cooking process. We will teach the basic principles of safety, sanitation, equipment, and how to prepare great meals that children will love and enjoy preparing!

### HOORAY HEARTY TREATS

DAY(S): Thursday TIME(S): Pre-Kindergarten & Kindergarten: 4:00-4:55 PM; Grades 1-5: 5:00-5:55 PM OPEN TO: Pre-Kindergarten-Grade 5 CLASS PRICE: \$456.00 INSTRUCTOR: Chef Nathalie Milfort

#### **CLASS DESCRIPTION:**

Cooking with kids is a great way to teach them how to eat healthy. Once they start to distinguish foods, where they come from, and their characteristics, they are more likely to make better food choices. There is nothing better than a cooking workshop for students to learn the importance of teamwork. They can understand and share moments together doing activities they enjoy. The course will help them expand their palette and will help them try new recipes with different ingredients. Along with the feeling of discovery, it will be a way to try something they wouldn't otherwise. Each student will make their own cake to enjoy during class and to take home. All of the materials are included in the class, including the cake. Classes will be in English and Spanish.

### **INTRO TO LEGO**

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Pre-Kindergarten & Kindergarten CLASS PRICE: \$473.00 INSTRUCTOR: TBA, in collaboration with Active Play

#### **CLASS DESCRIPTION:**

We will incorporate a variety of building techniques and specific instructions to help enhance imagination and expand students' building skills. Students will construct different shapes, forms, and designs using their own ideas and vision, and will also learn to follow step-bystep directions. Other games include jenga, mini corn-hole, and dominos.

### MATH ALL AROUND US

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten-Grade 2** CLASS PRICE: **\$442.00** INSTRUCTOR: **Ouahiba Akkache** 

### **CLASS DESCRIPTION:**

Take a look around and you are sure to find math where you least expect it—because this is part of what makes our world a wonderful place. Students in this course will develop a sixth sense to find the numbers behind the things that surround them in the world, from the sequences and patterns in nature, to how we tell time, to observing the changing seasons. Students will really get to play during this class; they will explore math in the environment (tree branches and dried leaves), find shapes, identify patterns, play tic-tac-toe and other board games, play with cards, mancala, dominoes, puzzles, and more. They will also learn about measuring by cooking, observing the temperature fluctuations in the weather, and telling time. The group will also play pretend restaurant, shopping, store, and planning a budget to spend ... and many more things along the way.

### **NEW! MATH OLYMPIAD**

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **\$456.00** INSTRUCTOR: **Nicole Smith Jones** 

### **CLASS DESCRIPTION:**

Students will explore math and dive into some creative problem-solving activities. In addition, they will explore a variety of mathematical concepts and discuss how they are connected. Math Olympiad problems are meant to:

- stimulate enthusiasm and a love for mathematics
- introduce important mathematical concepts
- teach major strategies for problem-solving
- develop mathematical flexibility in solving problems

- strengthen mathematical intuition
- foster mathematical creativity and ingenuity
- provide for the satisfaction, joy, and thrill of meeting challenges

### **SCIENCE**

DAY(S): Wednesday TIME(S): Science 1: 3:00–3:55 PM; Science 2: 4:00–4:55 PM OPEN TO: Science 1: Preschool & Pre-Kindergarten; Science 2: Kindergarten

CLASS PRICE: **\$490.00** 

INSTRUCTOR: Ouahiba Akkache

#### **CLASS DESCRIPTION:**

Have a blast every Wednesday with WIS Science! Students will learn science with hands-on projects they can even try at home. Each week, they will conduct experiments and activities that combine critical thinking, exploring, and fun.

### **SCIENCE & ENGINEERING**

DAY(S): Wednesday

TIME(S): Science & Engineering 1: 3:00–3:55 PM; Science & Engineering 2: 4:00–4:55 PM OPEN TO: Science & Engineering 1: Grades 1 & 2; Science & Engineering 2: Grades 3–5 CLASS PRICE: \$490.00 INSTRUCTOR: Dr. Elena De la Rosa Blanco

### **CLASS DESCRIPTION:**

In this class, students will explore the Units of Inquiry using science and engineering. They will discuss what they are learning in the class and relate this with science and engineering. They will use hands-on experiments and activities, study relevant inventions throughout history, and connect the learnings with current scientific and engineering challenges.

### **NEW! SENSATIONAL SCIENCE**

DAY(S): **Friday** TIME(S): **4:00–4:55 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **\$462.00** 

### INSTRUCTOR: Charles Franklin

### **CLASS DESCRIPTION:**

Students will learn science skills in order to experiment, investigate, and explore various topics in science, such as life science or chemistry. This class is for open-minded and principled students who are truly interested in learning science through inquiry.

### **STEAM**

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten & Grade 1** CLASS PRICE: **\$420.00** INSTRUCTOR: **Ouahiba Akkache** 

### **CLASS DESCRIPTION:**

Students will engage in hands-on maker activities each session as they are exposed to each of the letters of STEAM. Students will understand how the activities relate to real world careers in STEAM. They will build, test, observe, create, and calculate data. Through song and dance, students will become engaged each day, and then be challenged with a specific task. The students will end each day with a reflection of their experience and go home with a product they created.

### TINY NUMBER TUMBLERS

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM** OPEN TO: **Preschool & Pre-Kindergarten** CLASS PRICE: **\$480.00** INSTRUCTOR: **Ouahiba Akkache** 

### **CLASS DESCRIPTION:**

Students in this class get to play, and numbers make play fun! Students will make geometric shapes and compare them, measure things, create patterns with everyday household objects, and let their imaginations run wild with construction blocks. This creative math class helps students get comfortable with quantitative concepts as well with logical thinking by using games, hands-on activities, and other creative methods that make math fun. This class will provide an opportunity for young students to reinforce their knowledge and enhance their math skills through play.

# **Other Classes**

### BEGINNER AMERICAN SIGN LANGUAGE

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Kindergarten-Grade 5 CLASS PRICE: \$407.00 INSTRUCTOR: Tommie Shaw & Company

### **CLASS DESCRIPTION:**

Explore a new world of communication by learning American Sign Language (ASL)! ASL is the fourth most commonly used language in the United States, and learning ASL can open new lines of communication between hearing and hearing impaired individuals. Additionally, studies have shown that learning the ASL signs for letters and words can help children with spelling and vocabulary skills. In our beginner ASL course, students will learn the signs for the alphabet, numbers, and basic vocabulary terms and sentences in a fun, child-friendly environment.

### **BUDDING ENTREPRENEURS**

DAY(S): Thursday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$480.00 INSTRUCTOR: TBA, in collaboration with SPARK Business Academy

### **CLASS DESCRIPTION:**

Join other intrepid students and learn what it takes to launch your own business. Students will build self-confidence while gaining valuable exposure to the business fields of strategy, marketing, and finance. Students will select a business idea, learn to develop a business plan, and make a "pitch" presentation on the last day. They will even create a real website (no coding required) and design their own business cards!

### DEBATE CLUB

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 3-5** CLASS PRICE: **\$510.00** INSTRUCTOR: **TBA, in collaboration with SPARK Business Academy** 

### **CLASS DESCRIPTION:**

In this club, suitable for both new and returning debaters, students will learn the art of persuasion and help select debate topics they find interesting. Students will work in rotating groups and practice their debating skills in a supportive environment, including developing arguments, issuing rebuttals, providing examples, rebuilding their case, and summarizing points of view. Students will learn to think on their feet and enhance their public speaking skills, gaining self-confidence in the process.

### **FRENCH CLUB**

DAY(S): Friday TIME(S): Pre-Kindergarten & Kindergarten: 4:00-4:55 PM; Grades 1 & 2: 5:00-5:55 PM OPEN TO: Pre-Kindergarten-Grade 2 CLASS PRICE: \$418.00 INSTRUCTOR: Kiddy School

### **CLASS DESCRIPTION:**

During this class, students will be introduced to interactive French games and activities. The priority will be to help them develop and learn vocabulary using picture books and beautiful songs that they will enjoy and sing together. Oral expression will also be a very important part of the class, as the students will have conversations sharing personal experiences. They will learn French in a fun and interactive way!

### MONEY MATTERS

DAY(S): Monday TIME(S): 4:00-4:55 PM OPEN TO: Kindergarten-Grade 2 CLASS PRICE: \$494.00 INSTRUCTOR: TBA, in collaboration with SPARK Business Academy

#### **CLASS DESCRIPTION:**

Earn, save, spend, and donate! Games and handson activities will help students internalize key concepts (like money, budgeting, and saving) in a fun and supportive environment that fosters teamwork. This unique experience will empower students with the mindset to start making sound financial decisions and develop into responsible global citizens.

### **SPANISH CLUB**

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Pre-Kindergarten-Grade 2** CLASS PRICE: **\$420.00** INSTRUCTOR: **Marcella De Diego** 

#### **CLASS DESCRIPTION:**

During this class, students will be introduced to interactive Spanish games and activities. The priority will be to help them develop and learn vocabulary using picture books and beautiful songs that they will enjoy and sing together. Oral expression will also be a very important part of the class, as the students will have conversations sharing personal experiences. They will learn Spanish in a fun and interactive way!

### **TYPING CLUB**

DAY(S): Wednesday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$490.00 INSTRUCTOR: TBA, in collaboration with SPARK Business Academy

### **CLASS DESCRIPTION:**

In this club, suitable for both new and returning typists, students will use a personalized system that allows them to progress at their own pace with a mix of typing lessons, drills, games, and tests. They will receive instant accuracy feedback after every lesson; as they move from beginner to intermediate to advanced, they will earn badges for every level conquered!

### YOUNG PHILANTHROPISTS

DAY(S): Wednesday TIME(S): 4:00-4:55 PM OPEN TO: Kindergarten-Grade 2 CLASS PRICE: \$490.00 INSTRUCTOR: TBA, in collaboration with SPARK Business Academy

### **CLASS DESCRIPTION:**

Students will internalize the benefits of doing well and doing good, reviewing a number of charities and discussing the merits of giving back. Students will collaborate in small teams to select a charity or issue they feel passionate about and come up with practical ways they can support that cause (including raising awareness, volunteering, and fundraising).

# **Band and Choir**

### **BAND: BEGINNER BRASS/PERCUSSION**

DAY(S): **Thursday** TIME(S): **3:30–4:00 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **Free** INSTRUCTOR: **Josh Frayer** 

### **BAND: BEGINNER WOODWIND**

DAY(S): **Tuesday** TIME(S): **3:30-4:15 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **Free** INSTRUCTOR: **Josh Frayer** 

### **BAND: ADVANCED ENSEMBLE**

DAY(S): Thursday TIME(S): 4:00-4:30 PM OPEN TO: Grades 4 & 5 CLASS PRICE: Free INSTRUCTOR: Josh Frayer

#### **CLASS DESCRIPTION:**

Students in Grades 4 and 5 who are interested in

learning how to play an instrument or who wish to continue playing as part of an ensemble may participate in the Primary School Band/Orchestra at no extra cost. There is an ensemble for students who already play an orchestral or band instrument. It is open for wind and percussion players as well as advanced string players. Also, there are beginning group classes for orchestral wind and percussion instruments. The beginning classes will merge into the ensemble in the spring. All classes will take place after school on Tuesdays and Thursdays, between 3:30 and 4:30 PM. Supervision will be provided for students up until the end of the practice. Students who participate in instrumental music will need to rent their instrument from a local music store. Please contact losh Fraver at iosh.fraver@wis.edu for more information.

### CHOIR

DAY(S): **Monday** TIME(S): **3:35–4:35 PM** OPEN TO: **Grades 3–5** CLASS PRICE: **Free** INSTRUCTOR: **Tanya Coyne** 

### **CLASS DESCRIPTION:**

Choir is offered to interested students in Grades 3-5 and is part of the regular music curriculum at no extra charge. Participants will learn about breathing techniques and other methods to enhance singing abilities and will perform a varied repertoire; performances may be on or off campus.Rehearsals are held on Mondays after school from 3:35-4:35 PM. Supervision is provided for students until the end of rehearsal. Prior to performances, rehearsals may be extended until 5:00 PM, and extra rehearsals may be required, possibly on Fridays. Parents will be informed about these rehearsals as far in advance as possible. Commitment, regular attendance, and appropriate behavior are the only requirements to join the fun. **Sign up is limited to 40 students.** 

# **Music Lessons**

WIS offers private music instruction to families as part of the After School Program. A team of well-qualified musicians leads the instruction at the WIS Primary School. These lessons lead to performances, where families can experience their child's progress. Generally, lessons are 30 minutes long, but we also schedule 45 minute or 60 minute lessons according to availability.

Private Music Lesson Pricing (per class):

30 minutes: \$55.00 45 minutes: \$82.50 60 minutes: \$110.00

### Instructors & Instruction Days:

#### **Bass Guitar**

Jaime Ibacache: Monday through Thursday Fernando Mojica: Wednesday

Cello Oscar Somersalo: Monday through Friday

Drums Fernando Mojica: Wednesday

### Guitar

Jaime Ibacache: Monday through Thursday Fernando Mojica: Wednesday Oscar Somersalo: Monday through Friday

#### Piano

John Banks: Monday through Friday Grey Jacks: Monday Susanna Mendlow: Monday through Thursday

Ukelele Oscar Somersalo: Monday through Friday

Violin Brent Price: Monday through Thursday

### **Instructor Bios:**

#### John Banks

John Banks has studied at the Manhattan School

of Music and the Berklee College of Music. Through his intensive work at the piano, violin, and viola, John has developed a teaching approach that seeks to draw on the individual student's artistic interests. John is proficient in a wide range of musical styles, and brings his knowledge of music theory and compositional techniques to his teaching.

### Jaime Ibacache

Jaime Ibacache is a music educator and guitar graduate of the Berklee College of Music, in Boston, MA. Jaime has been working on developing and sharpening the musical skills of his students at WIS in the areas of technique, composition, ear training, listening skills, and other aspects that prepare students for further growth and future musical endeavors in continuing curriculum. Jaime can be found either performing in various theaters and venues in the area, as well as working as a studio musician, composing and arranging for different groups, and performing in various bands in multiple styles, as well as orchestras and artistic projects in the Baltimore/DC/NY/VA areas. Highlights include tours with funk icon George Clinton, tango performances with the Pan American Symphony orchestra at the Kennedy Center, a national tour with Adam Wakefield from the TV show The Voice, and others.

### **Grey Jacks**

Grey Jacks is a music educator and life coach who has taught piano at numerous teen Rock Camps around the US. He is a composer who studied at James Madison School of Music and is experienced teaching keyboards to beginner and intermediate students.

### Susanna Mendlow

Susanna Mendlow holds a Doctorate of Musical Arts from SUNY Stony Brook, a Master's in Music from Michigan State University, and a Bachelor's in Psychology and Music from Columbia University. Susanna performs and teaches a variety of styles, including classical, ethnic folk, pop, and improvisation. She has toured extensively throughout the US, Europe, and Central Asia and is an active chamber musician in the DC area.

### Fernando Mojica

Fernando Mojica is an accomplished music educator and performer with more than 15 years of experience. He has directed music workshops, camps, and band ensembles with students of all levels and ages. As an active performer, Fernando is currently a member and co-producer of the Dave Kline Band's latest album *Shifting Borders*. He is also a member of Jazz Tones Duo. His Solo EP Album "Acoustic Sessions," released in 2018, was received with warm and great reviews. Fernando is equally versed in different music styles and can teach several instruments. He is also fluent in English and Spanish.

### **Brent Price**

Brent Price is a professional performing violinist and pedagogue in the DC area. He has performed extensively all over North America, South America and Asia, from Carnegie Hall to Shanghai. Mr. Price has served as Concertmaster of the Savannah Philharmonic, Pennsylvania Philharmonic, Aspen Festival Orchestra, and the Charleston Symphony Orchestra.

### **Oscar Somersalo**

Award-winning guitarist Oscar Somersalo performs as a soloist and chamber musician in America and Europe. His most recent wins include 1st prize at Philadelphia Classical Guitar Competition and the Appalachian GuitarFest Solo Guitar Competition in 2017. Somersalo has been a guitar instructor at Washington International School since 2017 and is passionate to share his musical talent with all his students.