

CO-CURRICULAR PROGRAMS

Fall After School Classes

September 6, 2022 to December 16, 2022

WIS After School & Co-Curricular Programs Mission Statement

The WIS Primary School After School Program is a safe and international community for children, with programs to expand knowledge and build life skills through hands-on learning adventures.

Fall Term 2022

Fall Term After School classes begin on Tuesday, September 6, 2022, and will run every day school is in session through Friday, December 16, 2022 (except for the half days on September 23 and December 9, and Parent-Teacher Conferences on November 3-4).

About this Document

This catalogue is designed to allow families to make detailed selections for after school activities. On any given day, a student may stay until 6:00 PM in the after school program as long as the student is enrolled in a class, enrolled in Extended Day Care (EDC), or enrolled in music lessons. The weekly view shows what classes are offered for each age group on each day. In the pages that follow, detailed descriptions of classes are included. The final section of this document has a description of the After School Music Program, which features biographical information for all music instructors.

To select a class, please proceed to the fall online registration form in CampBrain, which also lists additional Co-Curricular Programs services that will be offered throughout the term. *All registrations must be submitted via CampBrain by 5:00 PM EDT on Monday, August 22, 2022.* Enrollment is completed on a first-come, first-served basis and families will be notified only if there are any changes for the class of their choice. *See registration instructions on Page 3.*

Fees listed in this document are for the fall session only and reflect the length and number of classes for each activity. One of the factors in determining the pricing for each class is the total number of class days. For clarity, the total numbers of class days on each weekday in the fall are as follows: Monday: 13; Tuesday: 15; Wednesday: 14; Thursday: 13; and Friday: 10. Additional class supply fees are already calculated, unless otherwise noted in the class description. *Holidays and all school closings are already taken into account.*

Note: Based on feedback from our external after school providers and internal reflections on how we can better manage class lists and billing, we have decided not to offer a trial week for students. *No refunds or reductions will be given for classes missed due to a student's absence or due to inclement weather conditions.*

Program Procedures

At the end of the school day, students participating in Extended Day Care (EDC), after school enrichment classes, or music lessons will remain in their classrooms until dismissal is finished. At the conclusion of dismissal, students who are registered for after school activities will go outside for recess, have their snack (which is brought from home), and then will proceed to their after school class or the Homework Center.

Private music lessons follow different time formats according to individual student needs and instructor availability. For more information, please contact: <u>yannin.garcia@wis.edu</u>.

Extended Day Care (EDC)

Extended Day Care begins on Monday, August 29, 2022 and will include structured ways for students to work on various skills while staying after school. For students in Grades 1-5, the Homework Center (formerly known as study hall) will provide a quiet place for them to complete their homework.

Students in Grades 1-5 will attend the Homework Center from 4:00-5:00 PM, Monday-Thursday, under the guidance of WIS teachers, who will provide homework and language support. The Homework Center provides a direct link between the school day and after school time.

Following homework time, students will participate in activities, including arts & crafts, games, sports, and team building. Students will learn good sportsmanship, teamwork, and leadership skills while having fun.

Preschool, Pre-Kindergarten, and Kindergarten students will meet in their respective classrooms with our EDC supervisors, who will lead reading, games, and other class activities.

The typical schedule for EDC is listed below:

Early Years: 3:00-6:00 PM Grades 1-5: 3:30-6:00 PM *Note:* If you would like your child(ren) to participate in any part of Extended Day Care, you must register in CampBrain.

Extended Day Care Prices:

Fall Term: \$2,150.00 Drop-in Rate: \$45.00/day

Non-WIS Students & After School

Programs

For the 2022-2023 academic school year, non-WIS students will not be able to attend the WIS after school program. Please contact the Co-Curricular Programs office if you have any questions or concerns.

Early Arrival Enrichment Program

For families that need to get to work earlier in the day, Co-Curricular Programs offers the Early Arrival Enrichment Program starting at 7:00 AM. Students enrolled in the Early Arrival Enrichment Program will participate in recreational activities such as yoga, pilates, and stretching to activate their concentration and attention in a fun manner. Students will learn basic exercise techniques that will strengthen their levels of flexibility and equilibrium, help them be more active, and prepare for classes. By 7:55 AM, the enrichment program winds down and students are led to different areas of the building where they join their classmates arriving at 8:00 AM.

Note: The Early Arrival Enrichment Program does not operate on Professional Days or days when parent-teacher conferences are scheduled for the Primary School. In the event of a delay due to inclement weather, the school will be open for early arrival at 9:00 AM for students who are already registered for the Early Arrival Enrichment Program.

Early Arrival Program Prices:

Fall Term: \$1,600.00 Drop-in Rate: \$45.00/day

After School Music Lessons for Fall 2022

To participate in music lessons for the 2022-2023 school year, all families must register students for available time slots with the instructor of their choice. Please use the online registration system to secure a day and time for instruction for your child. Instructional times at the Primary School between 3:00 PM and 4:30 PM are reserved for students in Pre-Kindergarten through Grade 2. Slots between 4:30 PM and 6:00 PM are open for students in Grades 3-5.

When students enroll in a lesson during the fall term, the slot for day and time will be kept for the winter term and there is no need to re-register. If families wish to disenroll or otherwise make a change in instructor, day, and/or time, we ask that you send an email message to <u>yannin.garcia@</u> <u>wis.edu</u> with "Fall Term Music Lesson Change" indicated in the subject header.

Once the term has begun, it is not possible to make any changes. Registration implies that children will continue lessons through the entire term. At the end of the term, families may choose to continue to take lessons for the following term on the same day and time. If a family chooses to disenroll a child, the time to do so would be at the end of the term and no later than the beginning of the following term.

After School Choir and Band

Choir and Band are after school activities that are offered as part of the Primary School program. Registration for these programs will be completed through CampBrain, but they will continue to be free of charge. More information can be found on Pages 11 & 12 of this document.

Since these programs take place during after school hours, we ask that students enrolled in these programs be signed out of the building within fifteen minutes of the conclusion of the programs. If a student is signed out after this 15-minute pickup grace period, a \$45.00 drop-in fee for Extended Day Care will apply. For siblings of students who are enrolled in Choir or Band, Co-Curricular Programs offers an extended day program that operates on Mondays from 4:00-5:00 PM for Choir and on Tuesdays and Thursdays from 4:00-5:00 PM for Band. The service ensures that siblings of students enrolled in Band and Choir are supervised until families arrive for pickup. *Please note that this service is only open to families with siblings who are enrolled in Choir and Band.* If a family wishes to enroll children in this special service, please contact Yannin Garcia at <u>yannin.garcia@wis.edu</u> or by calling 202.243.1761. The cost (only paid by families with siblings in Band or Choir) is \$30.00 per day.

Community Feedback

Some of the most popular classes in our after school program began as suggestions from the WIS community. In fact, many of the classes in this catalogue would not have come to fruition had it not been for dedicated involvement from WIS families. We are open to your suggestions. If you have an idea for a class, or if you have some constructive feedback for us, please email Natasha Bhalla, Associate Head of School, at natasha.bhalla@wis.edu.

Registration Procedures

To register for fall After School Classes, please follow the instructions below.

LOGGING IN

Go to <u>https://wisafterschool.</u> <u>campbrainregistration.com/</u>

You have the option to log in with your WIS onCampus account — click "Login Using onCampus." Using onCampus has two benefits: 1) There is no need to create another username and password, and 2) Your child's and household's information will automatically be filled in on the registration forms.

If you are new to WIS or do not remember

your onCampus password, click "Login using onCampus," fill in your username (email address) and click "Forgot your login?" Follow the steps and check your email for a link to set your password.

If you'd prefer not to log in with onCampus, you may use the alternate sign-in option (you will already have an account if you signed up for summer camp); or fill in the new user sign-up.

REGISTERING FOR CLASSES

Once logged in, click on "Start Application" under the 2022 Fall After School Classes to begin. Then click "Continue" and follow these steps:

Step 1 (Select Child for Registration): Mark the checkbox next to the name of the child you would like to register and select the grade. Click "Continue."

Step 2 (Select Sessions): Here, you will see a list of After School class options. You can click on 'Filter" to sort the classes by a specific day. Music classes are listed separately from the rest of the classes. You can also search for classes by name in the search box. Select a session, then click "Add to Cart." Make sure to select extended day or shuttle options (listed below the class name) if needed. Review your Cart on the right and then click "Continue."

Step 3 (Fill out Forms): Click on your Household Form. Review your family's information. Important: if you make changes that you want reflected in your family's school record, email updates@wis.edu. You must enter at least one emergency contact. Click "Complete this Form." Once the form closes, click "Continue."

Step 4 (Payment): Your student account will be billed in September for all After School classes. Please review this page and click "Continue" to confirm you agree to this charge.

Step 5 (Review and Submit): Review your selections

under "Registration items." If you need to make changes, click "Add/remove Sessions" or "Add/ remove People" and then follow the steps outlined above again. When you are ready, click "Submit Registration."

Step 6 (Confirmation page): Confirmation that your registration was submitted and a chance to see a summary of your selections. You will also receive a confirmation email from Washington International School (yannin.garcia@wis.edu).

	Monday		Tuesday		Wednesday		Thursday		Friday	
Preschool	Creative Movement Chinese 1	3:30-4:25 4:00-4:55	Tiny Number Tumblers	4:00-4:55	Gymnastics 1 Cocinando en Español 1 Science 1	3:30-4:25 4:00-4:55 4:00-4:55	Magic Plasticine Soccer: Tots 1	4:00-4:55 4:00-4:55	Intro to LEGO	4:00-4:5
Pre- Kindergar- ten	Creative Movement Chinese 1	3:30-4:25 4:00-4:55	Science en Español Soccer: Tots 2 Tiny Number Tumblers	4:00-4:55 4:00-4:55 4:00-4:55	Gymnastics 1 Hip-Hop 1 Cocinando en Español 1 Science 1	3:30-4:25 3:30-4:25 4:00-4:55 4:00-4:55	Hooray Hearty Treats Magic Plasticine Taekwondo 1	4:00-4:55 4:00-4:55 4:00-4:55	Basketball: Early Years Intro to LEGO Spanish Tennis 101	4:00-4:5 4:00-4:5 4:00-4:5 4:00-4:5
Kindergar- ten	Chess: Beginner Jóvenes Diplomáticos (en Español) Math All Around Us Yoga (en Español)	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Ballet Little Inventors Science en Español Soccer: Tots 2	3:30-4:25 4:00-4:55 4:00-4:55 4:00-4:55	Hip-Hop 1 Cocinando en Español 1 Gymnastics 2 Science 2	3:30-4:25 4:00-4:55 4:30-5:25 5:00-5:55	Chinese 2 Hooray Hearty Treats STEAM	4:00-4:55 4:00-4:55 4:00-4:55	Basketball: Early Years Spanish Taekwondo 2 Tennis 101	4:00-4:5 4:00-4:5 4:00-4:5 4:00-4:5
Grade 1	Chess: Beginner Floor Hockey 1 Jóvenes Diplomáticos (en Español) Math All Around Us Robotics & Coding Yoga (en Español)	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Ballet Capoeira Chess: Beyond Beginner Fencing 1 Little Inventors Chess: Intermediate/Adv	3:30-4:25 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Science & Engineering 1 Soccer 1 Gymnastics 2 Hip-Hop 2 Cocinando en Español 2	4:00-4:55 4:00-4:55 4:30-5:25 4:30-5:25 5:00-5:55	Basketball 1 Ceramics 1 Chinese 2 Hooray Hearty Treats STEAM	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Minecraft Spanish Tennis: Intermediate	4:00-4:5 4:00-4:5 5:00-5:5
Grade 2	Chess: Beginner Floor Hockey 1 Jóvenes Diplomáticos (en Español) Math All Around Us Robotics & Coding Yoga (en Español)	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55	Ballet Capoeira Chess: Beyond Beginner Fencing 1 Little Inventors Chess: Intermediate/Adv	3:30-4:25 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55	Science & Engineering 1 Soccer 1 Gymnastics 2 Hip-Hop 2 Cocinando en Español 2	4:00-4:55 4:00-4:55 4:30-5:25 4:30-5:25 5:00-5:55	Basketball 1 Ceramics 1 Chinese 2	4:00-4:55 4:00-4:55 4:00-4:55	Minecraft Wiffle Ball Tennis: Intermediate	4:00-4:5: 4:00-4:5: 5:00-5:5:
Grade 3	Chess: Beginner Robotics & Coding Typing *Choir Floor Hockey 2	4:00-4:55 4:00-4:55 4:00-4:55 4:00-5;00 5:00-5:55	Capoeira Chess: Beyond Beginner Club de Debate (en Español) Volleyball Chess: Intermediate/Adv Fencing 2	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Budding Entrepreneurs Hip-Hop 2 Cocinando en Español 2 Science & Engineering 2 Soccer 2	4:00-4:55 4:30-5:25 5:00-5:55 5:00-5:55 5:00-5:55	Chinese 2 Math Olympiad Basketball 2 Ceramics 2	4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Minecraft Storytellers Wiffle Ball Tennis Intermediate	4:00-4:5 4:00-4:5 4:00-4:5 5:00-5:5
Grades 4 & 5	Chess: Beginner Robotics & Coding Souped-Up Science Typing *Choir Floor Hockey 2	4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 4:00-5:00 5:00-5:55	*Band: Woodwind Capoeira Chess: Beyond Beginner Club de Debate (en Español) Volleyball Chess: Intermediate/Adv Fencing 2	3:30-4:15 4:00-4:55 4:00-4:55 4:00-4:55 4:00-4:55 5:00-5:55 5:00-5:55	Budding Entrepreneurs Hip-Hop 2 Cocinando en Español 2 Science & Engineering 2 Soccer 2	4:00-4:55 4:30-5:25 5:00-5:55 5:00-5:55 5:00-5:55	*Band: Brass/Percussion *Band: Advanced Math Olympiad Basketball 2 Ceramics 2	3:30-4:00 4:00-4:30 4:00-4:55 5:00-5:55 5:00-5:55	Minecraft Storytellers Wiffle Ball Tennis: Intermediate	4:00-4:5 4:00-4:5 4:00-4:5 5:00-5:5

*Choir and Band are offered at no charge.

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Classes

Performing Arts

BALLET

DAY(S): **Tuesday** TIME(S): **3:30–4:25 PM** OPEN TO: **Kindergarten–Grade 2** CLASS PRICE: **\$750.00** INSTRUCTOR: **Salsa with Silvia**

CLASS DESCRIPTION:

As the foundation of all dance forms, ballet helps develop base dance techniques for any style. Ballet classes help students with posture, flexibility, fitness, balance, self-discipline, and self-confidence, and can potentially enhance their motor, listening, and social skills. Dancers will learn basic steps and terminology in ballet and will begin to explore their own expressive movement styles while honing in on important technique.

CREATIVE MOVEMENT

DAY(S): Monday TIME(S): 3:30-4:25 PM OPEN TO: Preschool & Pre-Kindergarten CLASS PRICE: \$650.00 INSTRUCTOR: Salsa with Silvia

CLASS DESCRIPTION:

Our Ballet and Creative Movement class is a joyful way for students to explore movement through music and dance. Students will work on developing physical skills, channeling energy, and stimulating imagination. Using creative movement, students will simultaneously develop motor skills, rhythmic awareness, coordination, and balance in a safe environment.

HIP-HOP

DAY(S): Wednesday TIME(S): Hip-Hop 1: 3:30–4:25 PM; Hip-Hop 2:

4:30-5:25 PM

OPEN TO: Hip-Hop 1: Pre-Kindergarten & Kindergarten; Hip-Hop 2: Grades 1–5 CLASS PRICE: \$700.00 INSTRUCTOR: Salsa with Silvia

CLASS DESCRIPTION:

Our Hip-Hop classes teach rhythm, coordination, musicality, and choreography. Students are challenged to think on their feet while enjoying an energetic and fast-paced dance class. Our Hip-Hop dancers develop focus, strength, and agility while having fun.

Sports

BASKETBALL FOR EARLY YEARS DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Pre-Kindergarten & Kindergarten CLASS PRICE: \$500.00

INSTRUCTOR: Seth Goldman with ActivePlay

CLASS DESCRIPTION:

This basic intro to basketball allows students to get a feel for the sport without too much concern with rules! Students will learn to dribble, shoot, and pass while playing basketball-type games in-between to keep them attentive. The balls and hoops we will use will be age-appropriate and coaches will be high-energy and encouraging.

BASKETBALL

DAY(S): Thursday TIME(S): Basketball 1: 4:00–4:55 PM; Basketball 2: 5:00–5:55 PM OPEN TO: Basketball 1: Grades 1 & 2; Basketball 2: Grades 3–5 CLASS PRICE: \$650.00

INSTRUCTOR: Seth Goldman with ActivePlay

CLASS DESCRIPTION:

Students will test their basketball skills as they compete against one another in various games and drills. This class is a fun, high-energy, and high-endurance activity. Students will also learn some pick-and-roll drills and fake-shot-dribbleto-the-hoop heroics. The class will be interactive with a fun balance of playing and practicing drills. Students need to bring proper basketball attire, most importantly sneakers.

CAPOEIRA

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 1-5** CLASS PRICE: **\$750.00** INSTRUCTOR: **Roberto Tapia/Roda Movements**

CLASS DESCRIPTION:

Capoeira is an Afro-Brazilian dance mixed with martial arts, acrobatics, and music. In this class, students will focus on learning basic corporal techniques of Capoeira, including acrobatics, defense, and attack movements. Students will also learn the rhythms and songs necessary for Capoeira, including drums, tambourine, and other native Brazilian instruments.

CHESS

DAY(S): Monday & Tuesday

- TIME(S): Beginner: Monday, 4:00–4:55 PM; Beyond Beginner: Tuesday, 4:00–4:55 PM; Intermediate/Advanced: Tuesday, 5:00–5:55 PM
- OPEN TO: Beginner: Kindergarten-Grade 5; Beyond Beginner & Intermediate/Advanced: Grades 1-5
- CLASS PRICE: Beginner: \$650.00; Beyond Beginner & Intermediate/Advanced: \$750.00

INSTRUCTOR: Magnus Chess Academy

CLASS DESCRIPTION:

One of the most popular after school activities at WIS, chess is also one of the world's most popular games, played by millions of people across the globe.

BEGINNER: This class is meant for beginners who don't know how to play chess. Students will learn the rules of chess, including piece movement, check, checkmate, and stalemate, followed by basic endgames, checkmates, basic opening principles, piece values, and more! Class time is divided between lessons and practice games. All chess supplies are provided.

BEYOND BEGINNER: This class is meant for students who can confidently play a game of chess on their own, but don't have too much experience. Students will learn (or review) basic endgames, checkmates, basic opening principles, and piece values before getting into tactics like forks, pins, and skewers. Class time is divided between lessons and practice games. All chess supplies are provided.

INTERMEDIATE/ADVANCED: This class is meant for intermediate and advanced students with over a year of experience. Students will go deep into tactics like remove the guard, discovered attack, and smothered checkmate, using games from world champions like Bobby Fischer as models to sharpen their chess skills and prepare for tournaments. Class time is divided between lessons and practice games. Students will go deeper into calculation and strategy, focusing on tactics and master games for lessons. The goal is to prepare students for tournaments.

FENCING

DAY(S): **Tuesday** TIME(S): **Fencing 1: 4:00–4:55 PM; Fencing 2: 5:00–5:55 PM** OPEN TO: **Fencing 1: Grades 1 & 2; Fencing 2: Grades 3–5** CLASS PRICE: **\$750.00** INSTRUCTOR: **Vitali Nazlymov**

CLASS DESCRIPTION:

En Garde! Calling all pirates, musketeers, and jedi – Olympic Fencing is returning to WIS! This class will introduce students to this history-rich sport in a safe and game-based environment. It's a unique opportunity for families looking for a fun activity that combines athleticism and intellect. Fencing emphasizes balance, coordination, and effective decision-making. Like other martial arts, the sport is about personal accomplishment, creative problem-solving, and self-discipline. Fencers apply their acquired skills and confidence to other sports, studies, and life. All equipment is provided. Students must wear athletic shoes and comfortable clothing.

FLOOR HOCKEY

DAY(S): Monday TIME(S): Floor Hockey 1: 4:00–4:55 PM; Floor Hockey 2: 5:00–5:55 PM OPEN TO: Floor Hockey 1: Grades 1 & 2; Floor Hockey 2: Grades 3–5 CLASS PRICE: \$650.00

INSTRUCTORS: Seth Goldman with ActivePlay

CLASS DESCRIPTION:

Pass, shoot, and score this fall! Students will learn hockey skills as they compete against each other in various games and drills. This class is a fun, high-energy, and high-endurance activity that will require many water breaks. Sign up to see if your child has what it takes to be a Stanley Cup Champion.

GYMNASTICS

DAY(S): Wednesday TIME(S): Gymnastics 1: 3:30-4:25 PM; Gymnastics 2: 4:30-5:25 PM OPEN TO: Gymnastics 1: Preschool & Pre-Kindergarten; Gymnastics 2: Kindergarten-Grade 2 CLASS PRICE: \$700.00 INSTRUCTOR: Daniel Montoya

CLASS DESCRIPTION:

This class will help children learn and acquire

gymnastics skills in a fun and fast-paced way. The class will start and end with exciting and interactive stretching using yoga techniques for students. The students will learn basic gymnastic skills that will strengthen their skills in equilibrium, elasticity, and concentration. Some of our activities will include floor gymnastics (handstands, back walkers, somersault), yoga, and agility movements. By the end of the course, children will be able to perform routines with the above skills.

SOCCER

DAY(S): Wednesday TIME(S): Soccer 1: 4:00-4:55 PM; Soccer 2: 5:00-5:55 PM OPEN TO: Soccer 1: Grades 1 & 2; Soccer 2: Grades 3-5 CLASS PRICE: \$700.00 INSTRUCTOR: Seth Goldman with Active Play

CLASS DESCRIPTION:

In these classes, students will learn the fundamentals of soccer, such as first touch and passing using different parts of the foot. We strive to give the students a great experience while focusing on the development of the individual. Note: Although the classes are run simultaneously, they are not co-ed.

SOCCER: TOTS

DAY(S): Tuesday & Thursday TIME(S): Tots 1: Thursday, 4:00–4:55 PM; Tots 2: Tuesday, 4:00–4:55 PM OPEN TO: Tots 1: Preschool; Tots 2: Pre-Kindergarten & Kindergarten CLASS PRICE: Tots 1: \$650.00; Tots 2: \$750.00 INSTRUCTOR: Seth Goldman with Active Play

CLASS DESCRIPTION:

Tots soccer classes are designed for children aged three through five and focus on developing motor and listening skills, introducing fundamental ball skills, and exposing participants to a social environment with other children of similar ages.

TAEKWONDO

DAY(S): Thursday & Friday TIME(S): Taekwondo 1: Thursday, 4:00-4:55 PM; Taekwondo 2: Friday, 4:00-4:55 PM OPEN TO: Taewondo 1: Pre-Kindergarten;

Taekwondo 2: Kindergarten CLASS PRICE: Taewondo 1: \$650.00; Taekwondo 2: \$500.00

INSTRUCTOR: Daniel Montoya

CLASS DESCRIPTION:

Originally from Korea, Taekwondo is a martial art recognized as an early form of self-defense, known for its use of kicks that makes it different from other martial arts. It can be practiced by students of all ages. Taekwondo helps students to develop self-control, gymnastic movements, equilibrium, elasticity, and personal defense. During the course students will learn how to use the Dobok (training uniform) as well as entry level moves and techniques.

Note: Uniform cost is **NOT** included in class price.

TENNIS 101: INTRO TO TENNIS

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Pre-Kindergarten & Kindergarten CLASS PRICE: \$500.00 INSTRUCTOR: Next Level Tennis and Education

CLASS DESCRIPTION:

Getting started with any new sport can be challenging, but knowing a few of the basic terms and rules will only make the game more fun! Tennis 101 is designed for the youngest players to have fun and learn the sport. Each class during this program includes engaging and interactive tennis activities plus fun games so that students can build their skills and learn about the sport and its rules, but mainly have a great time while discovering a new activity! Participants who complete the program will possess the fundamental skills in order to be confident in enjoying tennis. Players do not need any prior tennis experience to enjoy Tennis 101.

TENNIS: INTERMEDIATE

DAY(S): Friday TIME(S): 5:00-5:55 PM OPEN TO: Grades 1-5 CLASS PRICE: \$500.00 INSTRUCTOR: Next Level Tennis and Education

CLASS DESCRIPTION:

Intermediate Tennis is designed for those players with court experience. During the program, your child will refine basic techniques, court coverage, communication, and winning strategies. In addition, each class during this program includes engaging and interactive tennis activities plus fun games so that students can continue to build their skills, play fun competitive games with their friends, and more! Participants who complete the program will possess intermediate to advanced skills in order to be confident at a competitive level. **Note:** To sign-up for this program, players need prior tennis experience.

VOLLEYBALL

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 3-5** CLASS PRICE: **\$750.00** INSTRUCTOR: **Seth Goldman with Active Play**

CLASS DESCRIPTION:

Children in this class will learn fundamental volleyball skills like underarm pass, jump serve, block, and overhead pass. The class will start and finish with interactive stretching. By the end of the course, students will be available to identify the different phases of the game as well as play in every position of the team. Athletic or gymnastics apparel is required.

WIFFLE BALL

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Grades 2-5 CLASS PRICE: \$500.00 INSTRUCTOR: Seth Goldman with Active Play

CLASS DESCRIPTION:

We're bringing back a classic: wiffle ball. The goal is for students to learn the rules of the game and to have fun! They will become knowledgeable about how to run the bases and tag up from a pop-out. Students will be hitting a large wiffle ball and swinging a plastic easy-to-grip bat.

YOGA (EN ESPAÑOL)

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten-Grade 2** CLASS PRICE: **\$650.00** INSTRUCTOR: **Speak Spanish in DC**

CLASS DESCRIPTION:

Scientific evidence suggests that mindfulness can improve students' attention as well as their ability to focus their thoughts and regulate their emotions. Cultivating an awareness of their thoughts and emotions allows students to more easily understand themselves, others, and the world around them. This class seeks to make students aware of this mind-body connection by imparting mindfulness through the use of playful yoga stretches, visualization practices, and breathing techniques, all conducted in Spanish. Our friendly, native Spanish-speaking yoga instructors will guide students, helping them to stretch their bodies and imagination in order to enhance their physical, mental, and emotional well being in a noncompetitive and relaxed environment.

STEAM (Science, Technology, Engineering, Art, & Mathematics)

CERAMICS 1

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 1 & 2** CLASS PRICE: **\$650.00** INSTRUCTOR: **Nelli Kreidi**

CLASS DESCRIPTION:

This class aims to teach students the basic tools for self-expression and creativity. Students will finish five projects, some functional and others more decorative. Pinch pot, coil forming, and slab construction are some of the techniques they will learn. They will also be working with under-glazes, which give students the opportunity to learn about color harmony and decorative techniques.

CERAMICS 2: THE NEXT LEVEL

DAY(S): Thursday TIME(S): 5:00–5:55 PM OPEN TO: Grades 3–5 CLASS PRICE: \$650.00 INSTRUCTOR: Nelli Kreidi

CLASS DESCRIPTION:

In this class, students will apply their knowledge of hand-building techniques while working on more elaborate projects. The emphasis will be on more sculptural and decorative techniques.

COCINANDO EN ESPAÑOL

DAY(S): Wednesday TIME(S): Cocinando en Español 1: 4:00-4:55 PM; Cocinando en Español 1: 5:00-5:55 PM OPEN TO: Cocinando en Español 1: Preschool-Kindergarten; Cocinando en Español 2: Grades 1-5 CLASS PRICE: \$700.00 INSTRUCTOR: Speak Spanish in DC

CLASS DESCRIPTION:

Language and culture are inextricably linked and should ideally be taught together. In this hands-on cooking class, students will enjoy learning about different Latin cultures through food preparation, all while practicing and applying their Spanish! Each class will feature a recipe from a different Latin culture. Students will create a "page" of their own Latin-inspired cookbook every week. Our native Spanish-speaking teachers will utilize short games, videos, pictures, and interesting facts/stories to provide background information on the designated food and/or country, allowing students to visualize the recipe in a larger cultural context. Then teachers will assist students in listing the ingredients and recipe steps in Spanish before students make the food. Each class ends with students tasting the "fruits" of their labor, and the session culminates with students' very own Latin cookbook to share and enjoy with their families at home.

HOORAY HEARTY TREATS

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Pre-Kindergarten-Grade 1** CLASS PRICE: **\$650.00** INSTRUCTOR: **Chef Nathalie Milfort**

CLASS DESCRIPTION:

Cooking with kids is a great way to teach them how to eat healthy. Once they start to distinguish foods, where they come from, and their characteristics, they are more likely to make better food choices. There is nothing better than a cooking workshop for students to learn the importance of teamwork. They can understand and share moments together doing activities they enjoy. The course will help them expand their palate and will help them try new recipes with different ingredients. Along with the feeling of discovery, it will be a way to try something they wouldn't otherwise. Each student will make a cake to enjoy during class and to take home. All of the materials are included in the class. Classes will be in English and Spanish.

INTRO TO LEGO

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Preschool & Pre-Kindergarten CLASS PRICE: \$500.00 INSTRUCTOR: Seth Goldman with Active Play

CLASS DESCRIPTION:

We will incorporate a variety of building techniques and specific instructions to help enhance imagination and expand students' building skills. Students will construct different shapes, forms, and designs using their own ideas and vision, and will also learn to follow step-bystep directions. Other games include jenga, mini corn-hole, and dominos.

MAGIC PLASTICINE

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Preschool & Pre-Kindergarten** CLASS PRICE: **\$650.00** INSTRUCTOR: **Ramona Delgado**

CLASS DESCRIPTION:

Plasticine fascinates children and adults. It can be rolled, cut, molded, and shaped. In this class, children will learn about plasticine and its qualities in order to mix colors, make pictures, add texture, and use different tools. By spreading, modelling, and adding texture to plasticine, they will explore their creativity with pictures and sculptures while exercising their small muscles and developing their fine motor skills.

MATH ALL AROUND US

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten-Grade 2** CLASS PRICE: **\$650.00** INSTRUCTOR: **Ouahiba Akkache**

CLASS DESCRIPTION:

Take a look around and you are sure to find math where you least expect it—because this is part of what makes our world a wonderful place. Students in this course will develop a sixth sense to find the numbers behind the things that surround them in the world, from the sequences and patterns in nature, to how we tell time, to observing the changing seasons. Students will really get to play during this class; they will explore math in the environment (tree branches and dried leaves), find shapes, identify patterns, play tic-tac-toe and other board games, play with cards, mancala, dominoes, puzzles, and more. They will also learn about measuring by cooking, observing the temperature fluctuations in the weather, and telling time. The group will also play pretend restaurant, shopping, store, and planning a budget to spend ...and many more things along the way.

MATH OLYMPIAD

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 3-5** CLASS PRICE: **\$650.00** INSTRUCTOR: **WIS Math Team**

CLASS DESCRIPTION:

Students will explore math and dive into some creative problem-solving activities. In addition, they will explore a variety of mathematical concepts and discuss how they are connected. Math Olympiad problems are meant to:

- stimulate enthusiasm and a love for mathematics
- · introduce important mathematical concepts
- teach major strategies for problem-solving
- develop mathematical flexibility in solving problems
- strengthen mathematical intuition
- foster mathematical creativity and ingenuity
- provide for the satisfaction, joy, and thrill of meeting challenges

MINECRAFT

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Grades 1-5 CLASS PRICE: \$650.00 INSTRUCTOR: Seth Goldman with ActivePlay

CLASS DESCRIPTION:

Minecraft is a 3-D computer game where players can build anything. The game, which has been described as 'online LEGO,' involves building blocks and creating structures across different environments and terrains. Set in a virtual world, the game involves resource gathering, crafting items, building, and combat.

ROBOTICS & CODING

DAY(S): **Monday** TIME(S): **4:00–4:55 PM** OPEN TO: **Grades 1–5** CLASS PRICE: **\$650.00** INSTRUCTOR: **Seth Goldman with ActivePlay**

CLASS DESCRIPTION:

This series of courses offers an exciting introduction to the LEGO Mindstorms system as an entry point to learn robotics. Students will learn mechanical design, construction, programming, and problem-solving and teamwork skills. Using LEGO building elements, motors, and sensors, students will build robots and program them to accomplish specific tasks.

SCIENCE

DAY(S): Wednesday TIME(S): Science 1: 4:00–4:55 PM; Science 2: 5:00–5:55 PM OPEN TO: Science 1: Preschool & Pre-Kindergarten; Science 2: Kindergarten

CLASS PRICE: **\$700.00** INSTRUCTOR: **Ouahiba Akkache**

CLASS DESCRIPTION:

Have a blast every Wednesday with WIS Science! Students will learn science with hands-on projects they can even try at home. Each week, they will conduct experiments and activities that combine critical thinking, exploring, and fun.

SCIENCE & ENGINEERING

DAY(S): Wednesday

TIME(S): Science & Engineering 1: 4:00–4:55 PM; Science & Engineering 2: 5:00–5:55 PM

OPEN TO: Science & Engineering 1: Grades 1 & 2; Science & Engineering 2: Grades 3-5

CLASS PRICE: **\$700.00** INSTRUCTOR: **Dr. Elena De la Rosa Blanco**

CLASS DESCRIPTION:

Science and Engineering I: Earth and Space In this class, students will discover the wonders of the universe through hands-on science demonstrations and experiments. First, they will discuss the concepts of matter, mass, volume, pressure, temperature, and density. Then, they will study the different elements in the universe: planets, stars, comets, and even human-made things like satellites and rockets! Finally, they will focus on our planet Earth. They will learn about the Earth's characteristics: its geography, atmosphere, movements (rotation and revolution), electromagnetic field, and much more. **Science and Engineering II: Types of Scientists** In this class, students will learn what it is like to be a scientist, through hands-on science

to be a scientist, through hands-on science demonstrations and experiments, while discovering the wonders of Astronomy, Biology, Botany, Chemistry, Ecology, Genetics, Geology, Meteorology, Paleontology, Physics, Seismology, and Zoology.

SCIENCE EN ESPAÑOL

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Pre-Kindergarten & Kindergarten** CLASS PRICE: **\$750.00** INSTRUCTOR: **Ramona Delgado**

CLASS DESCRIPTION:

Students learn best when they are fully engaged and having fun! Science in Spanish helps students get familiar with the scientific method while soaking up practical Spanish from a native Spanishspeaking teachers.

Each class has a theme where students will follow the steps of the scientific method, from creating a *hipótesis* and conducting *un experimento* to reflecting on *los resultados*. Students will not only retain and apply Spanish, they will also gain valuable critical thinking and problem solving skills that will help them in school and in their everyday lives. Science in Spanish is thoughtfully designed to cultivate curiosity, reinforce the process of experimentation, and foster global thinkers who can love science in another language.

SOUPED-UP SCIENCE

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **\$650.00** INSTRUCTOR: **Charles Franklin**

CLASS DESCRIPTION:

In this class, students will learn and implement the Scientific Method through research and studentdriven experimentation. One of the two major focuses will be food webs. The students will look at the life of an owl and explore the critical role they play in food webs. The highlight of this specific food web animal will be the students examining owl pellets. Through the examination of the owl pellets, students will be able to identify an owl's source of food. The second major focus will be an examination of the history of flight to the age of the rocket. The students' study will culminate in a launch of model rockets which they themselves have constructed. This is an unforgettable opportunity for the students.

STEAM

DAY(S): **Thursday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten & Grade 1** CLASS PRICE: **\$650.00** INSTRUCTOR: **Ouahiba Akkache**

CLASS DESCRIPTION:

Students will engage in hands-on maker activities each session as they are exposed to each of the letters of STEAM. Students will understand how the activities relate to real world careers in STEAM. They will build, test, observe, create, and calculate data. Through song and dance, students will become engaged each day, and then be challenged with a specific task. The students will end each day with a reflection of their experience and go home with a product they created.

TINY NUMBER TUMBLERS

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM**

OPEN TO: **Preschool & Pre-Kindergarten** CLASS PRICE**: \$750.00** INSTRUCTOR: **Ouahiba Akkache**

CLASS DESCRIPTION:

Students in this class get to play, and numbers make play fun! Students will make geometric shapes and compare them, measure things, create patterns with everyday household objects, and let their imaginations run wild with construction blocks. This creative math class helps students get comfortable with quantitative concepts as well with logical thinking by using games, hands-on activities, and other creative methods that make math fun. This class will provide an opportunity for young students to reinforce their knowledge and enhance their math skills through play.

Other Classes

BUDDING ENTREPRENEURS

DAY(S): Wednesday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$700.00 INSTRUCTOR: SPARK Business Academy

CLASS DESCRIPTION:

Join other intrepid students and learn what it takes to launch your own business. Students will build self-confidence while gaining valuable exposure to the business fields of strategy, marketing, and finance. Students will select a business idea, learn to develop a business plan, and make a "pitch" presentation on the last day. They will even create a real website (no coding required) and design their own business cards!

CHINESE

DAY(S): Monday & Thursday

TIME(S): Chinese 1: Monday, 4:00-4:55 PM; Chinese 2: Thursday, 4:00-4:55 PM OPEN TO: Chinese 1: Preschool & Pre-Kindergarten; Chinese 2: Kindergarten-Grade 3

CLASS PRICE: **\$650.00** INSTRUCTOR: **Yan Liang**

CLASS DESCRIPTION:

This fall, we invite your child to join WIS Primary School's immersive Mandarin after school program to explore Chinese language and culture! Besides language learning, students will participate in various cultural activities, such as calligraphy, Chinese sports, theater, arts and crafts, storytelling, and cooking. Whether your child is a beginner or advanced student of Chinese language, our after school program will help them gain confidence and make progress in their conversational Chinese and writing skills through dynamic interactions with teachers and peers. Learning Chinese is a meaningful way to keep young students intellectually challenged, inspired, and engaged as global citizens. We look forward to seeing your child in class!

CLUB DE DEBATE (EN ESPAÑOL)

DAY(S): **Tuesday** TIME(S): **4:00-4:55 PM** OPEN TO: **Grades 3-5** CLASS PRICE: **\$750.00** INSTRUCTOR: **SPARK Business Academy**

CLASS DESCRIPTION:

Students will learn the art of persuasion and help select debate topics they find interesting. Students will work in rotating groups and practice their debating skills in a supportive environment, including developing arguments, issuing rebuttals, providing examples, rebuilding their case, and summarizing points of view. Students will learn to think on their feet and enhance their public speaking skills, gaining self-confidence in the process. *Please note:* This class is conducted in Spanish.

JÓVENES DIPLOMÁTICOS (EN ESPAÑOL)

DAY(S): **Monday** TIME(S): **4:00-4:55 PM** OPEN TO: **Kindergarten-Grade 2** CLASS PRICE: **\$650.00**

INSTRUCTOR: SPARK Business Academy

CLASS DESCRIPTION:

This fun program will help students develop a global mindset and build international awareness early in life, an important skill in today's increasingly interconnected world. Students will explore cultural differences across countries, languages, currencies, country flags, geography games, famous landmarks, current global events, diplomacy, and come up with solutions to global problems like hunger, poverty, and pollution. *Please note:* This class is conducted in Spanish.

LITTLE INVENTORS

DAY(S): **Tuesday** TIME(S): **4:00–4:55 PM** OPEN TO: **Kindergarten–Grade 2** CLASS PRICE: **\$750.00** INSTRUCTOR: **SPARK Business Academy**

CLASS DESCRIPTION:

Students will get their creative juices flowing in this project-based program, where they will identify the need for an invention, think on their feet, and create real structures and solutions. Students will also learn about famous inventors and internalize how recent innovations improve their lives.

SPANISH

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Pre-Kindergarten-Grade 1 CLASS PRICE: \$500.00 INSTRUCTOR: Mariell Aleman-Lee

CLASS DESCRIPTION:

During this class, students will be introduced to interactive Spanish games and activities. The priority will be to help them develop and learn vocabulary using picture books and beautiful songs that they will enjoy and sing together. Oral expression will also be a very important part of the class, as the students will have conversations sharing personal experiences. They will learn Spanish in a fun and interactive way!

STORYTELLERS

DAY(S): Friday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$650.00 INSTRUCTOR: SPARK Business Academy

CLASS DESCRIPTION:

Students will enhance their writing skills and learn to work as a team in a creative setting. They will collaborate in brainstorming sessions to select an original story idea, complete individual writing assignments to flesh out their story, and provide feedback and advice to their peers, promoting social and emotional learning (SEL). Students will aim to finish their own stories by the end of the program, fostering creativity and stronger social skills in the process.

TYPING

DAY(S): Monday TIME(S): 4:00-4:55 PM OPEN TO: Grades 3-5 CLASS PRICE: \$650.00 INSTRUCTOR: SPARK Business Academy

CLASS DESCRIPTION:

In this club, suitable for both new and returning typists, students will use a personalized system that allows them to progress at their own pace with a mix of typing lessons, drills, games, and tests. They will receive instant accuracy feedback after every lesson; as they move from beginner to intermediate to advanced, they will earn badges for every level conquered!

Band and Choir

BAND: BEGINNER BRASS/PERCUSSION

DAY(S): **Thursday** TIME(S): **3:30–4:00 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **Free** INSTRUCTOR: **Josh Frayer**

BAND: BEGINNER WOODWIND

DAY(S): **Tuesday** TIME(S): **3:30-4:15 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **Free** INSTRUCTOR: **Josh Frayer**

BAND: ADVANCED ENSEMBLE

DAY(S): **Thursday** TIME(S): **4:00-4:30 PM** OPEN TO: **Grades 4 & 5** CLASS PRICE: **Free** INSTRUCTOR: **Josh Frayer**

CLASS DESCRIPTION:

Students in Grades 4 and 5 who are interested in learning how to play an instrument or who wish to continue playing as part of an ensemble may participate in the Primary School Band/Orchestra at no extra cost. There is an ensemble for students who already play an orchestral or band instrument. It is open for wind and percussion players as well as advanced string players. Also, there are beginning group classes for orchestral wind and percussion instruments. The beginning classes will merge into the ensemble in the spring. All classes will take place after school on Tuesdays and Thursdays, between 3:30 and 4:30 PM. Supervision will be provided for students up until the end of the practice. Students who participate in instrumental music will need to rent their instrument from a local music store. Please contact Josh Frayer at josh.frayer@wis.edu for more information.

CHOIR

DAY(S): Monday TIME(S): 4:00-5:00 PM OPEN TO: Grades 3-5 CLASS PRICE: Free INSTRUCTOR: TBA

CLASS DESCRIPTION:

Choir is offered to interested students in Grades 3-5 and is part of the regular music curriculum at no extra charge. Participants will learn about breathing techniques and other methods to enhance singing abilities and will perform a varied repertoire; performances may be on or off campus.Rehearsals are held on Mondays after school from 3:35-4:35 PM. Supervision is provided for students until the end of rehearsal. Prior to performances, rehearsals may be extended after 5:00 PM, and extra rehearsals may be required, possibly on Fridays. Parents will be informed about these rehearsals as far in advance as possible. Commitment, regular attendance, and appropriate behavior are the only requirements to join the fun. **Sign up is limited to 40 students.**

Music Lessons

WIS offers private music instruction to families as part of the After School Program. A team of well-qualified musicians leads the instruction at the WIS Primary School. These lessons lead to performances, where families can experience their child's progress. Generally, lessons are 30 minutes long, but we also schedule 45 minute or 60 minute lessons according to availability.

Private Music Lesson Pricing (per class):

30 minutes: \$55.00 45 minutes: \$82.50 60 minutes: \$110.00

Instructors & Instruction Days:

Cello Oscar Somersalo: Monday through Friday

Guitar

Oscar Somersalo: Monday through Friday

Piano

John Banks: Monday through Friday Susanna Mendlow: Tuesday through Thursday Betsy Wright: Monday through Friday Mi Kyung Yun: Monday through Friday

Ukelele

Oscar Somersalo: Monday through Friday

Violin

Brent Price: Monday through Thursday

Instructor Bios:

John Banks

John Banks has studied at the Manhattan School of Music and the Berklee College of Music. Through his intensive work at the piano, violin, and viola, John has developed a teaching approach that seeks to draw on the individual student's artistic interests. John is proficient in a wide range of musical styles, and brings his knowledge of music theory and compositional techniques to his teaching.

Susanna Mendlow

Susanna Mendlow holds a Doctorate of Musical Arts from SUNY Stony Brook, a Master's in Music from Michigan State University, and a Bachelor's in Psychology and Music from Columbia University. Susanna performs and teaches a variety of styles, including classical, ethnic folk, pop, and improvisation. She has toured extensively throughout the US, Europe, and Central Asia and is an active chamber musician in the DC area.

Brent Price

Brent Price is a professional performing violinist and pedagogue in the DC area. He has performed extensively all over North America, South America and Asia, from Carnegie Hall to Shanghai. Mr. Price has served as Concertmaster of the Savannah Philharmonic, Pennsylvania Philharmonic, Aspen Festival Orchestra, and the Charleston Symphony Orchestra.

Oscar Somersalo

Award-winning guitarist Oscar Somersalo performs as a soloist and chamber musician in America and Europe. His most recent wins include 1st prize at Philadelphia Classical Guitar Competition and the Appalachian GuitarFest Solo Guitar Competition in 2017. Somersalo has been a guitar instructor at Washington International School since 2017 and is passionate to share his musical talent with all his students.

Betsy Wright

Betsy Wright is a multi-instrumentalist, teacher, and performer. She has been teaching piano and

guitar for over 15 years to students of all levels and ages. She has a BA in Music from George Mason University with a concentration in piano, and completed the Post-Baccalaureate Teacher Certification program at Mary Baldwin College with a specialization in Music Education. She has toured the world playing in various musical groups and has written and recorded music for 20 years. She enjoys sharing her love of music with her students and encourages them to explore their own musical interests while also working on fundamentals. Her approach is individualized and combines traditional methods with repertoire from various genres to make learning fun and effective.

Mi Kyung Yun

Mi Kyung Yun started playing piano at age five in her home country of South Korea. She continued her music education in the United States and graduated with a degree in music from George Mason University. She has over 10 years of experience teaching piano at WIS to students of all ages and levels, and more years of giving private lessons. She tries to have an individualized approach to each student to help them enjoy learning, and believes that learning piano will help students feel closer to music and make harmony in their lives.