

CO-CURRICULAR PROGRAMS

Tregaron Fall After School Classes

September 13, 2021 to December 17, 2021

Fall Term 2021

Fall Term After School classes on the Tregaron campus begin on Monday, September 13, 2021, and will run every day school is in session through Friday, December 17, 2021 (except for the half days on September 24 and October 22, and Parent-Teacher Conferences on November 4 & 5). **All registrations must be submitted via CampBrain by 5:00 PM EDT on Friday, September 10, 2021.** Enrollment is completed on a first-come, first-served basis and families will be notified only if there are any changes for the class of their choice. **See registration instructions on Page 2.**

About this Document

This catalogue is designed to allow families to make detailed selections for after school activities. On any given day, a student may stay until 6:00 PM in the after school program as long as they are participating in a school-sponsored activity or they are enrolled in an after school class, after school supervision, or music lessons. In the pages that follow, detailed descriptions of classes are included. The final section of this document has a description of the After School Music Program, which features biographical information for all music instructors.

Fees listed in this document are for the fall session only and reflect the length and number of classes for each activity. One of the factors in determining the pricing for each class is the total number of class days. Additional class supply fees are already calculated, unless otherwise noted in the class description. **Holidays and all school closings are already taken into account.**

Note: Students can withdraw, change, or add classes during the trial period (first week of classes). Withdrawal requests (due by 5:00 PM on Friday, September 17, 2021) must be submitted in writing. Refunds will not be granted for withdrawal after the first week of After School classes. **No refunds or reductions will be given for classes missed due to a student's absence or due to inclement weather conditions.**

After School Supervision

After School supervision is available for students in Grades 6 to 8 and is offered Monday-Friday from 4:00-6:00 PM. Middle School students on campus after 4:00 PM who are not involved in any school-sponsored activity or students who have completed a school-sponsored activity but have not been picked up within 15 minutes of completion of the activity will need to check in to the after school supervision program and parents will be billed the daily drop-in rate (\$45.00/day). Registration for after school supervision can be done in CampBrain. The after school supervision program will take place in Middle School Rooms 101 and 102.

After School Supervision Prices:

Fall Term: \$2,100.00

Drop-in Rate: \$45.00/day

Community Feedback

Some of the most popular classes in our after school program began as suggestions from the WIS community. In fact, many of the classes in this catalogue would not have come to fruition had it not been for dedicated involvement from WIS families. We are open to your suggestions. If you have an idea for a class, or if you have some constructive feedback for us, please email Lisa McNeill, Director of Co-Curricular Programs, at lisa.mcneill@wis.edu.

Registration Procedures

To register for fall After School Classes, please follow the instructions below.

LOGGING IN

Go to <https://wisafterschool.campbrainregistration.com/>

You have the option to log in with your WIS onCampus account — click “Login Using onCampus.” Using onCampus has two benefits: 1) There is no need to create another username and password, and 2) Your child’s and household’s information will automatically be filled in on the registration forms.

If you are new to WIS or do not remember your onCampus password, click “Login using onCampus,” fill in your username (email address) and click “Forgot your login?” Follow the steps and check your email for a link to set your password.

If you’d prefer not to log in with onCampus, you may use the alternate sign-in option (you will already have an account if you signed up for summer camp); or fill in the new user sign-up.

REGISTERING FOR CLASSES

Once logged in, click on “Start Application” under the 2021 Fall After School Classes to begin. Then click “Continue” and follow these steps:

Step 1 (Select Child for Registration): Mark the checkbox next to the name of the child you would like to register and select the grade. Click “Continue.”

Step 2 (Select Sessions): Here, you will see a list of After School class options. You can click on “Filter” to sort the classes by a specific day. Music classes are listed separately from the rest of the classes. You can also search for classes by name in the search box. Select a session, then click “Add to Cart.” Make sure to select extended day or shuttle options (listed below the class name) if needed. Review your Cart on the right and then click “Continue.”

Step 3 (Fill out Forms): Click on your Household Form. Review your family’s information.

Important: if you make changes that you want reflected in your family’s school record, email updates@wis.edu. You must enter at least one emergency contact. Click “Complete this Form.” Once the form closes, click “Continue.”

Step 4 (Payment): Your student account will be billed in September for all After School classes. Please review this page and click “Continue” to confirm you agree to this charge.

Step 5 (Review and Submit): Review your selections under “Registration items.” If you need to make changes, click “Add/remove Sessions” or “Add/remove People” and then follow the steps outlined above again. When you are ready, click “Submit Registration.”

Step 6 (Confirmation page): Confirmation that your registration was submitted and a chance to see a summary of your selections. You will also receive a confirmation email from Washington International School (lilia.aparicio@wis.edu).

Week At-a-Glance

All classes take place from 4:00-5:00 PM.

MONDAY

Graphic Design

TUESDAY

Chess: Intermediate
Hip-Hop

WEDNESDAY

Arte con Corazón
Coding
Hula Hoop Dance

THURSDAY

Debate Club
Legally Speaking
Yoga

FRIDAY

Chess: Advanced
Filmmaking

Classes

ARTE CON CORAZÓN

DAY(S): **Wednesday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$429.00**

INSTRUCTOR: **Speak Spanish in DC**

CLASS DESCRIPTION:

Art is powerful, inspiring, and can help change the world. In this class, students will create art that focuses on themes related to: self-awareness, social awareness, empathy, compassion, and gratitude. Students will not only express themselves through traditional media, but they will also experiment with fun, newer media such as “Social Practice Art,” where art is co-created by inviting others to actively participate in students’ artistic process.

Every week, students will have the opportunity to use their creativity and their voice to be part of a larger conversation in society. Our native Spanish-speaking instructors will guide students in learning about current artists and projects centered on self-esteem, anti-bullying, giving thanks, helping people, and random acts of kindness. Students will be inspired to create and share their art. They will construct interactive murals and art installations with a message, design their own sticker campaign, generate vision boards, mail art to loved ones and others, turn trash into a gallery of treasures, conduct surveys, make videos, do performance art, and much more! Art with Heart is imagination with intention.

CHESS

DAY(S): **Tuesday & Friday**

TIME(S): **Intermediate: Tuesday, 4:00–5:00 PM;**

Advanced: Friday, 4:00–5:00 PM

CLASS PRICE: **Intermediate: \$420.00; Advanced: \$400.00;**

INSTRUCTOR: **David Paulina & Griot Chess Academy**

CLASS DESCRIPTION:

INTERMEDIATE: This course is designed for students who already know the rules of chess, and now need help in developing plans and specific goals during gameplay. By the end of the course, students should have a clearer focus and understanding of their objectives in the game within the game, and how to properly execute those ideas. With our intermediate courses, students will be prepared for the tournament level and will be guided through the competitive process of becoming a rated chess player. We will cover middle and endgame theories, and they will have time to practice their newly acquired skills during each class after a 20-30 minute lesson each week.

ADVANCED: Strategy at the advanced level is filled with subtlety. Students will need to master transformations, exchanges, dynamics, and structures. What do those words even mean, and how do they lead to winning games? This class is for advanced players and is designed to help students improve their chess skills, concentration, and strategic thinking. Students will learn fast decision-making skills, how to evaluate alternatives, and multiple ways to win. Curriculum will include lots of practice for endgame strategies, as well as opportunities to play several opponents followed by game analysis.

CODING

DAY(S): **Wednesday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$429.00**

INSTRUCTOR: **VineyardApp Camp**

CLASS DESCRIPTION:

VineyardApp Camp is a hands-on, nationwide enrichment club where students learn coding, graphic design, and entrepreneurship skills through building apps and collateral for

themselves and their communities. VAC students first learn tech skills through 100 fun, fast-paced activities, then they band together to complete projects for local nonprofits.

NEW! DEBATE CLUB

DAY(S): **Thursday**

TIME(S): **4:00–4:55 PM**

CLASS PRICE: **\$440.00**

INSTRUCTOR: **TBA, in collaboration with SPARK Business Academy**

CLASS DESCRIPTION:

In this club, students will learn the art of persuasion and help select debate topics they find interesting. Students will work in rotating groups and practice their debating skills in a supportive environment, including developing arguments, issuing rebuttals, providing examples, rebuilding their case, and summarizing points of view. Students will learn to think on their feet and enhance their public speaking skills, gaining self-confidence in the process.

FILMMAKING

DAY(S): **Friday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$400.00**

INSTRUCTOR: **Michael McCorkle**

CLASS DESCRIPTION:

This class offers Middle School students the opportunity to explore narrative filmmaking and collaborate with other students who also have an interest in producing short films. Students will learn the fundamentals of filmmaking, and will establish a basic foundation for developing, creating, and producing narrative features. Classes will also include working in small groups to create characters, devise short stories, “scout” filming locations on campus, and shoot 3-5 minute

short movies. The class will culminate at the end of the school year, with a red carpet and festival-style screening and showcase of the short films.

GRAPHIC DESIGN

DAY(S): **Monday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$429.00**

INSTRUCTOR: **VineyardApp Camp**

CLASS DESCRIPTION:

In this class, students will learn how to use their drawing and art skills to design projects for local nonprofits or small businesses. They will learn how to make professional posters and art that people want to buy, and will ultimately design posters and ads for real organizations with good causes. Our students' work has been used in ads and online Instagram posts by the Special Olympics, Martha's Kitchen, and local shelters.

HIP-HOP

DAY(S): **Tuesday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$420.00**

INSTRUCTOR: **Tommie Shaw & Company**

CLASS DESCRIPTION:

Hip-Hop is a high-energy dance form that uses the latest sounds in rap, R&B, and pop music, and is perfect for students who love to move! This fun-filled class immerses students in all aspects of motion, developing their balance, coordination, and strength, as well as promoting creativity, teamwork, and self-esteem. We use child-friendly music in all of our hip-hop classes (often Kidz Bop), and all movement is age-appropriate. Parents are invited to join us on the last day of class for a final performance.

HULA HOOP DANCE

DAY(S): **Wednesday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$429.00**

INSTRUCTOR: **Tommie Shaw & Company**

CLASS DESCRIPTION:

Hula Hoop Dance is an exciting newer dance form that involves dancing and artistic movement with a hula hoop used as a prop or dance partner. Hoop dancers rotate the hoop around parts of the body other than the waist, including the hips, chest, neck, shoulders, thighs, knees, arms, hands, thumbs, feet, and toes. Modern hooping draws from such diverse art forms as hip-hop, rhythmic gymnastics, freestyle dance, baton twirling, and more. For our Hula Hoop Dance course, we constructed children's-sized dance hoops for use in class each week. Dance hoops are different from toy hoops because they are constructed with a heavier material, which provides a better grip, and are balanced and proportioned for dance movement. Parents are invited to join us on the last day of class for a final performance.

LEGALLY SPEAKING

DAY(S): **Thursday *Please note day change***

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$440.00**

INSTRUCTOR: **Samantha Kerley**

CLASS DESCRIPTION:

In this course, students will learn about the many different parts, aspects, and rules of the United States legal system. They will learn about our constitutional rights and how they can affect students their age. As they explore the legal system, they will learn how to craft an effective opening and closing statement, and how the courtroom operates. This course will allow students to hone their organizational skills, inquisition, and deepen their understanding of concepts underlying our justice system.

YOGA

DAY(S): **Thursday**

TIME(S): **4:00–5:00 PM**

CLASS PRICE: **\$440.00**

INSTRUCTOR: **Tommie Shaw & Company**

CLASS DESCRIPTION:

In yoga class, students will learn the basics of

yoga in a fun, relaxing environment. Students will learn a variety of techniques to build strength and stamina, as well as increase flexibility, balance, and coordination. Additionally, yoga builds students' self-confidence, and aids in concentration and relaxation. The course will focus on basic yoga poses which strengthen the body, release tension, and calm the mind. Yoga class is a great way for students to relax after a long school day, in a non-competitive and positive environment.

Music Lessons

WIS offers private music instruction to families as part of the After School Program. A team of well-qualified musicians leads the instruction at the Tregaron Campus. The program is a continuation of the instruction students receive in Primary School and features instruction in cello, guitar, bass guitar, and piano (additional instruments may be included in the program at a future date). These lessons lead to performances, where families can experience their child's progress. Generally, lessons are 30 minutes long, but we also schedule 45 minute or 60 minute lessons according to availability.

Private music instruction at Tregaron takes place on Fridays, beginning at 3:00 PM and ending at 6:00 PM promptly. Students participating in the After School music program at Tregaron must check in between 2:50 PM and 3:00 PM in Middle School Room 101 to ensure that all students are present for the afternoon.

To participate in music lessons for the 2021-2022 school year, all families must register children for available time slots with the instructor of their choice through CampBrain. The registration form for music lessons is organized by day of the week, followed by instrument, instructor name, and 15 minute time slots. Remember to select at least two consecutive time slots (30 minutes).

When students enroll in a lesson during the fall term, the slot for day and time will be kept for the winter term and there is no need to re-register. If families wish to disenroll or otherwise make a change in instructor, day, and/or time, we ask that you send an email message to yannin.garcia@wis.edu with "Fall Term Music Lesson Change" indicated in the subject header.

Once the term has begun, the add/drop period

has passed, and it is not possible to make any changes. Registration implies that children will continue lessons through the entire term. At the end of the term, families may choose to continue to take lessons for the following term on the same day and time. If a family chooses to disenroll a child, the time to do so would be at the end of the term and no later than the add/drop period of the following term.

Private Music Lesson Pricing (per class):

30 minutes: \$55.00
45 minutes: \$82.50
60 minutes: \$110.00

Instructor Bios:

Jaime Ibacache (Guitar and Bass Guitar)

Jaime Ibacache is a music educator and guitar graduate of the Berklee College of Music, in Boston, MA. Jaime has been working on developing and sharpening the musical skills of his students at WIS in the areas of technique, composition, ear training, listening skills, and other aspects that prepare students for further growth and future musical endeavors in continuing curriculum. Jaime can be found either performing in various theaters and venues in the area, as well as working as a studio musician, composing and arranging for different groups, and performing in various bands in multiple styles, as well as orchestras and artistic projects in the Baltimore/DC/NY/VA areas. Highlights include tours with funk icon George Clinton, tango performances with the Pan American Symphony orchestra at the Kennedy Center, a national tour with Adam Wakefield from the TV show The Voice, and others.

Susanna Mendlow (Cello and Piano)

Susanna Mendlow holds a Doctorate of Musical Arts from SUNY Stony Brook, a Master's in Music from Michigan State University, and a Bachelor's in Psychology and Music from Columbia

University. Susanna performs and teaches a variety of styles, including classical, ethnic folk, pop, and improvisation. She has toured extensively throughout the US, Europe, and Central Asia and is an active chamber musician in the DC area.

Brent Price (Violin)

Brent Price is a professional performing violinist and pedagogue in the DC area. He has performed extensively all over North America, South America and Asia, from Carnegie Hall to Shanghai. Mr. Price has served as Concertmaster of the Savannah Philharmonic, Pennsylvania Philharmonic, Aspen Festival Orchestra, and the Charleston Symphony Orchestra.